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## New Parent Services –

### Texas WIC Parenting Classes

<https://texaswic.org/online-classes>

### CCAOSA Family and Children’s Services

<https://ccaosa.org/family-and-childrens-services/>

- **Nurse-Family Partnership** Ph. 210.226.3030 – Low income, first-time mothers, less than 28 weeks pregnant.
- **Nurturing Families** Ph. 210.222.1294 - Parents who are expecting or have a child under 3 years (0-36months) Free maternal and childhood health program providing first-time mothers valuable knowledge and support throughout pregnancy and until their baby reaches 24 months old.

### Texas Diaper Bank

<https://www.texasdiaperbank.org/> 1803

Grandstand Dr. #150, San Antonio, TX 78238 Ph. 210.731.8118 email: [help@texasdiaperbank.org](mailto:help@texasdiaperbank.org)

The Diaper Assistance Program focuses on providing families access to diapers, wipes, and other healthcare items through the Texas Diaper Bank facilities or partner agencies. Families who qualify for this program also get the opportunity to enroll in educational parenting and health classes free of charge.

### **Safe Riders Child Safety Seat Distribution and Education Program - THHS**

<https://www.dshs.state.tx.us/saferiders/distribution.shtm>

The Safe Riders program manages a child safety seat distribution and education program to reduce the number of motor vehicle crash (MVC) injuries and fatalities to children in Texas who are unrestrained. The program is available to eligible recipients and is available in most, but not all areas of Texas.

### **Dental Services**

#### **City of San Antonio Metropolitan Health District Dental Providers List Pediatric & Community**

<https://www.sanantonio.gov/Health/HealthServices/Dental-Services/Medicaid-Pediatric-Dental-Providers#269863512-pediatric>

Comprehensive list of San Antonio Area Community Dental Health Clinics for Pediatric dentists and Community practice.

#### **UT Health San Antonio Dentistry**

<https://www.uthscsa.edu/patient-care/dental/appointment>

82210 Floyd Curl Drive, San Antonio, TX 78229 Ph.  
210.450.3700

Low cost dental services 60 – 70% below private practice costs performed by dental students under guidance of faculty. Request appointments online.

### **San Antonio Christian Dental Clinic**

<https://www.sachristiandental.org/> 1 Haven for Hope Way Building 1 Suite 400, San Antonio, TX 78207 Ph. 210.220.2300

The clinic provides a wide range of dental services for low-income and homeless persons in San Antonio and Bexar County. The Clinic is unique in the area as the only agency providing free dental care primarily volunteer providers. IN collaboration with UTHSCA Dental School.

### **Refugee Health Clinic**

<http://www.studentrunclinics.org/clinic/refugee-health-clinic>

St. Francis Episcopal Church 4242 Bluemel RD, San Antonio, TX 78240 Ph. 469.458.0209 email: SARefugeeClinic@gmail.com

UT Health Science Center (UTHSC) student ran mobile clinic, call for availability of service. Organized in cooperation with Center for Refugee Services and St. Francis Episcopal Church. The clinic is located at St. Francis Episcopal Church and is held every Wednesday 5 – 8 p.m. You may also call 469-458-0209 for telehealth appointments during clinic hours. CRS provides translators, mental health and social services intervention. Dental examination with referral.

### **Greehey Family Foundation Pediatric Dental Clinic**

<https://www.uthscsa.edu/patient-care/dental/clinics/pediatric-dentist-san-antonio>

2nd Floor Center for Oral Health Care & Research  
8210 Floyd Curl Drive San Antonio, TX 78229

The Greehey Family Foundation Pediatric Dental Clinic at UT Dentistry offers comprehensive general pediatric dental services to children from birth through teens as pediatric dentists in San Antonio. Students, residents and faculty members from the School of Dentistry provide dental care in a loving and compassionate environment to all pediatric patients

## **Eye Care / Glasses**

### **UIW Eye Institute -**

<https://optometry.uiw.edu/patient-services/index.html>

9725 Datapoint Drive San Antonio, TX 78229 Ph.  
210.283.6800

The UIW Eye Institute is the clinical facility within the Rosenberg School of Optometry. Located near the San Antonio Medical Center, the Eye Institute offers clinical services ranging from pediatrics to geriatrics, vision therapy, contact lens, low vision, rehab/acquired brain injury, optical, ocular disease, ophthalmological and oculoplastic services.

### **I Care San Antonio <https://www.icare-sa.org/> 1**

Haven for Hop Way San Antonio, TX 78207 Ph.  
210.220.2370 [info@alamovision.org](mailto:info@alamovision.org)

The mission of I Care San Antonio is to bring quality eye care, including medical, surgical and glasses, to low income

and homeless families of San Antonio and the surrounding counties. We are a non-profit Christian organization supported by 35 volunteer doctors, local foundations and churches.

## **Mental Health Services and Counseling Services**

### **Grace Counseling Catholic Charites**

<https://ccaosa.org/counseling/> 2911 S New Braunfels Ave, San Antonio, TX 78210 Ph. 210.377.1133

Grace Counseling provides confidential, professional, holistic, affordable, and flexible therapy to strengthen and heal individuals, children, couples, and families. Counseling services include anxiety, depression, and stress management, grief and loss, relationship and marriage counseling, parenting concerns and adjustment, family conflict, anger management, and more.

**Center for Survivors of Torture** <https://cstnet.org/>  
590 N. General McMullen Suite 3, San Antonio, TX 782228 210.434.1054

We provide long-term mental health counseling, social services, legal and medical services, referrals, and training. CST offers free individual, family, and group counseling for survivors of torture that often focuses on trauma and grief resolution. Clients can share their experiences in a safe environment with a licensed counselor who is there to support them as they strive to improve their lives. Complementary activities include: English as second language

training, mentoring, tutoring, resume building, job searches, finding housing, obtaining food, clothing, and navigating medical and legal systems. Bus cards, phone cards, and food cards are provided to those without resources.

**San Antonio Counseling and Behavioral Center  
Immigration–Related Psychotherapy Services**

<https://sacounselingcenter.com/immigration-related-psychological-services> Medical Center Branch 4201 Medical Drive #330, San Antonio, TX 78229 Ph. 210.614.4990 Email: [ContactUS@SACounselingCenter.com](mailto:ContactUS@SACounselingCenter.com)

Five locations in San Antonio with location most convenient to client at Medical Center Branch. Call for client assistance.

- Political Asylum
- Refugee Status
- Cognitive Evaluations for N-648 applications
- mental health Consequences of family separation
- mental health effects of Spousal/Partner abuse
- Provide expert witness testimony in Federal courts
- Cultural Competency Assessment

**Jewish Family Services** <https://jfs-sa.org/> **North Office** 12500 NW Military Hwy., San Antonio, TX 78231 Ph. 210.302.6920 **South Location** 1151 Mission Road San Antonio, TX 78210 Ph. 210.533.1112 Email [Info@jfs-sa.org](mailto:Info@jfs-sa.org)

<https://jfs-sa.org/mental-health-services/> Professional psychotherapists provide skillful and sensitive treatment for behavioral and emotional problems. Services are available no matter what your finances are like. We have an income-based



sliding fee scale, and accept Medicaid, Medicare, and many private insurance plans. We serve clients of all ages and work with individuals, families, and couples.

**The Ecumenical Center for Education Counseling Health** <https://www.echr.org/counseling/> 8310 Ewing Halsell Drive, San Antonio, TX 78229 Ph. 210.616.0885

We help people of every age, stage and condition of life – and from every imaginable cultural background – in dealing with all types of challenges. To do this, we offer a multidimensional approach to counseling. Based on client preference, we can provide straightforward clinical counseling style – or we can take a faith-based approach that correlates with the client’s traditions. Counseling Service located through our the San Antonio Community Call for assistance.

**Rape Crisis Center** <https://rapecrisis.com/> 4606 Centerview Suite 200, San Antonio, TX 78228 Ph. 210.521.7273 24 Hour Hotline 210.349.7273

At Alamo Area Rape Crisis Center, we support and empower all survivors of sexual assault. Through our dynamic partnerships and collaborations, we continue to focus on prevention education to end sexual violence in our community.

- Our team is dedicated to significantly decreasing the number of those impacted by sexual assault. We practice a multi-disciplinary approach to support our community with a responsive medical team, sensitive law enforcement department, and an active prosecution system.

- Our dedicated clinical team understands the importance of care before, during and after an assault occurs.

This is why, at the RCC, we provide a continuum of care that includes prevention, intervention, and advocacy through our 24-hour crisis hotline, free and confidential counseling services and the prevention education program.

### **Children’s Bereavement Center of South Texas**

<https://cbcst.org/> 205 W Olmos Drive, San Antonio, TX 78212 Ph. 210.736.4847 Email [development@cbcst.org](mailto:development@cbcst.org)

As the sole provider of grief support programs for children through young adulthood in South Texas, we wholeheartedly devote ourselves to addressing the bereavement needs of children from every culture and social circumstance to help them heal and move forward.

## **Health Insurance/ Medical Assistance**

**Medicare.gov** <https://www.medicare.gov/>

Information on Medicare and Medicaid eligibility and application information. Application must be sent through THHS.

- **Texas Health and Human Services**  
<https://www.hhs.texas.gov/>
- State office for enrollment in federal programs: **SNAP, WIC, Medicaid, Medicare, Social Security, SSI, TANF, CHIP. Pregnancy Medicaid and more.**

- Apply for Benefits  
<https://yourtexasbenefits.com/Learn/Home>

### **CareLink - University Health**

<https://www.universityhealthsystem.com/patient-visitor-resources/support/carelink>

Ph. 210.358.3350

University Health cares about each of our patients, regardless of income level. We offer the CareLink financial assistance program to Bexar County families who do not have health insurance and do not qualify for other coverage. While **CareLink is not health insurance**, CareLink helps make health care services at University Health more affordable. Apply online or call for appointment.

### **HealthCare.Gov** <https://www.healthcare.gov/>

Providing low cost / affordable health insurance options through the Affordable Care Act through a listing of state health care exchanges. Individual may apply or make changes during enrollment period. Refer to website for enrollment period and links to Texas ACA exchanges. Also serves as the portal to make payments on health insurance purchased through the exchange.

**Project Mend** <https://www.projectmend.org/> 5015  
Wurzbach Road San Antonio, Texas 78238 Ph.  
210.223.6363 ext. 3

Project MEND is committed to improving the quality of life for individuals living with disabilities and illness through the refurbishment, reuse and distribution of medical equipment and other assistive technology.

## Developmental Disability Services

### Intellectual & Developmental Disability Services (IDD Services) <https://aacog.com/66/Intellectual-Developmental-Disability-Se>

2700 NE Loop 410 Suite 101 San Antonio, TX 78217  
Ph. 210.832.5020

The Alamo Area Council of Governments IDD Services departments provides the following community services and supports for eligible adults and children with intellectual disabilities, developmental disabilities, and related conditions and their families in Bexar County:

<https://aacog.com/DocumentCenter/View/84/2019-IDD-Brochure-English?bidId=>

- Eligibility Determination
- Consumer Benefits Screening
- Service Coordination
- Medicaid Waiver Programs such as Home and Community-Based Services (HCS) or Texas Home Living (TxHML)
- Safety Net funded services
- Assisted Residential Living
- Present Community Options

**Any Baby Can** <https://www.anybabycansa.org/> 217  
Howard, San Antonio, TX 78212 Ph. 210.227.0170

The mission of Any Baby Can is to serve families with children and youth facing serious health or developmental challenges. Offers Case Management, Sibling Support, Autism Services,

and Center for Infant and Childcare Loss, Prescription Assistance and more.

### **Easterseals Rehabilitation Center**

<https://www.easterseals.com/sanantonio/> 2203 Babcock Road, San Antonio, TX 78229 Ph. 210.614.3911

Easterseals provides exceptional services, education, outreach, and advocacy so that Veterans, people living with autism and other disabilities can live, learn, work and play in our communities.

**The Arc of San Antonio** <https://arc-sa.org/> 13430 West Avenue San Antonio, TX 78216 and 6530 Wurzbach San Antonio, TX 78240 Ph. 210.490.4300

The Arc of San Antonio serves as a social service home to all those with intellectual and developmental disabilities (IDD) and readily assists families during all phases of life. Programs include Adult Life Enrichment, Family Support Services, Community Living Assistance and Support Services, and Community Services Case Management.

### **San Antonio Independent Living Services (SAILS)**

<https://sailstx.org/> 11306 sir Winston St. Bldg. F San Antonio, TX 78216 Ph. 210.281.1878

People with disabilities have the right to be treated with dignity and respect; the right to live and receive services in their own homes, and to decide for themselves what is the best for them. Independent Living is different from other social services in that people with disabilities decide what services are needed and the best way to receive those services. This allows individuals more control over their own lives and leads to independence.

## **The MAC Multi-Assistance Center at Morgan's Wonderland**

<https://morganswonderlandmac.com/> 5210

Thousand Oaks Dr. San Antonio, TX 78223 Ph.  
210.495.5888

Collaborative care and centralized services for individuals with special needs.

## **Navigate Life Texas**

<https://www.navigatelifetexas.org/en>

State web based resource guide and advocacy program for families raising children with disabilities. Provides information on federal, state, and local services for family support.

## **Workforce Solutions Alamo- Vocational Rehabilitation**

<https://www.workforcesolutionsalamo.org/disabilities/vocational-rehabilitation-services/>

WSA North Alamo Campus – Datapoint 9725  
Datapoint Drive Suite 200 San Antonio, TX 78229  
Ph. 210.438.0581

Workforce Solutions Alamo (WSA) and Texas Workforce Solutions Vocational Rehabilitation program (TWS-VRS) are working together to provide a variety of services that assist eligible people with disabilities to prepare and find, retain, or advance in competitive integrated employment. It helps youth and students with post-secondary opportunities.

## **Affordable Housing and Rental Assistance**

## **Housing**

### **U.S. Department of Housing and Urban Development (HUD) Rental Assistance Resource Guide**

[https://www.hud.gov/topics/rental\\_assistance](https://www.hud.gov/topics/rental_assistance)

- Affordable Apartment Search (HUD properties)
- Tenant Rights and Responsibility Resource

### **San Antonio Housing Authority (SAHA)**

<https://saha.org/> 818 S Flores St., San Antonio, TX 78204 Ph. 210.477.6000

SAHA provides housing assistance through its Public Housing Choice Voucher and Mixed-Income housing programs. Apply online. See resident resource guide for more services

<https://saha.org/housing/resident-programs/resources/>

### **Habitat for Humanity of San Antonio**

<https://www.habitatsa.org/> 311 Probandt San Antonio, TX 78204 Ph. 210.2235203

Habitat for Humanity of San Antonio works with low-income families who would not otherwise be able to afford a home. We collaborate with hardworking families in need and help them build affordable homes for themselves and their families at no interest and no profit. We are not a charity or a “handout” program, but rather we help families help themselves.

## **Home Ownership Incentive Program - Neighborhood & Housing Department City of San Antonio**

<https://www.sanantonio.gov/NHSD/Programs/DownPayment#229642780-hip-80> 100 W Houston St,  
San Antonio, TX 78204 Ph. 210.207.6459

The Homeownership Incentive Program (HIP 80) provides assistance for homebuyers in the public by lending between **\$1,000** and **\$30,000** as a 0% interest / no payments second loan, which can be used for the down payment required by your lender and some of the additional costs, associated with purchasing a home.

## **Rental Assistance**

### **Salvation Army Rent Assistance**

<https://salvationarmysanantonio.org/rent-assistance/> 910 North Flores, San Antonio, TX  
78212 Ph. 210.352.2046

The Salvation Army assists individuals and families who are struggling to pay their rent. We are often able to assist those facing eviction.

### **Catholic Charities/St. Stephens Care Center**

<https://ccaosa.org/st-stephens-care-center/> 2127  
S. Zaramora St. 78207 Ph. 210.226.6178

Emergency financial assistance.

### **Guadalupe Community Center CCAOSA**

<https://ccaosa.org/guadalupe-community-ctr/>



1801 W. Cesar Chavez Blvd. San Antonio, TX 78207  
Ph. 210.226.6178

Emergency Financial Assistance

**Fair Housing Emergency Assistance Program – City of San Antonio**

[https://www.sanantonio.gov/NHSD/Programs/Fair Housing](https://www.sanantonio.gov/NHSD/Programs/FairHousing) 100 W Houston Street, San Antonio, TX 78204 Ph. 210.207.6459

City resource guide for emergency housing assistance.

**SAM Ministries** <https://www.samm.org/get-help/>

1919 NW Loop 410 Suite 100 San Antonio, TX 78213 Ph. 210.340.0302 email: [hope@samm.org](mailto:hope@samm.org)

Rental assistance and utility support. Call for available funds.

**Society of St. Vincent de Paul Southwest Texas**

**Council** <https://svdpsa.org/> PO BOX 831074 San Antonio, TX 78283 Ph. 210-225-7837

St Matthew Parish SVDP 10703 Wurzbach Rd. Ph. 210.3478.5020

Food, clothing and furniture assistance, utility and rental assistance. Locations through San Antonio Catholic Parishes see list <https://svdpsa.org/locations>. Must live within neighborhood boundaries of parish to receive assistance at location. Call for operating hours.

## **Utility Bill & Home Repair Assistance**

## **CPS Energy Customer Service Centers**

<https://www.cpsenergy.com/en/customer-support/my-home-billing-acct/customer-srv-centers.html>

4 CPS Customer Service Centers located in San Antonio for public and business clients to establish new service, pay bills or enroll in qualifying assistance programs. Site most utilized by client community:

**CPS Park North Shopping Center 754 NW Loop 410, Suite 102 San Antonio, TX 78216**

**CPS REAP** <https://cpsenergy.com/utilityassistance> REAP provides up assistance up to \$400 per year for qualified applicants.

## **CPS Energy Customer Assistance Programs & Payment Options**

<https://www.cpsenergy.com/content/corporate/en/my-home/savenow/customer-assist-programs.html> Head Quarter 500 McCullough Ave. San Antonio, TX 78215 Ph. 210.353.2222

Assistance with bill payment arrangements and bill assistance program alternatives to REAP and more.

## **SAWS San Antonio Water Systems**

<https://www.saws.org/> Main Office 2800 US Hwy 281 N San Antonio, TX 78212 Ph. 210.704.7297

San Antonio's Water Utility offers three Customer Service Centers for establishing new service and bill pay assistance.

Closest location to CCAOSA Office

SAWS Main Office Main Office 2800 US Hwy 281 N San Antonio, TX 78212

Other locations popular with clients

West Side Center Customer Center Las Palmas Shopping Center 803 Castroville Rd. Suite 406 San Antonio, TX 78237

**Up Lift at SAWS** <https://uplift.saws.org/neighbors-that-need-help/> Ph. 210.233.2273

Includes SAWS bill assistance program and **Plumbers for People**- free and reduced rate plumbing services to fresh water pipers (no sewage, nothing below ground, must be home owner). Apply online, must be SAWS residential account holder and meet requirements.

### **Department of Human Services (DHS) City of San Antonio Utility Assistance Application for CPS Energy**

<https://dhs.mendixcloud.com/p/Kinetech/GovTech/UtilityAssistance>

Online application for CPS Utility Assistance and Affordability Discount Program Application based on eligibility criteria – Senior 60+, Family with young children, Individual with Disabilities, Individual using Critical Medical Care Equipment. This is the same application used by **Residential Emergency Assistance Partnership (REAP)**.

### **Community Impact Utility Assistance**

<https://www.bexar.org/2748/Community-Impact>

233 N. Pecos Suite 590 San Antonio, TX 78207 Ph. 210.335.366

### **REAP - RESIDENT ENERGY ASSISTANCE PROGRAM**

CCAOSA Refugee Resettlement Services Department – Community Resource Guide 3/07/2022.

This program provides utility assistance to CPS Energy ratepayers to support the health of families and individuals experiencing a financial hardship. Priority is given to individuals who are elderly, disabled, or a household with children 16 years of age and younger or a ratepayer enrolled in CPS Energy's Critical Care Program.

In order to receive assistance, the applicant must:

**Be a CPS Energy customer, reside in Bexar County outside of the San Antonio city limits** and have income that does not exceed 125% of the [Poverty Income Guideline \(PDF\)](#) .

**Catholic Charities/St. Stephens Care Center**

<https://ccaosa.org/st-stephens-care-center/> 2127

S. Zarzamora St. 78207 Ph. 210.226.6178

Emergency financial assistance for utility.

**Guadalupe Community Center CCAOSA**

<https://ccaosa.org/guadalupe-community-ctr/>

1801 W. Cesar Chavez Blvd. San Antonio, TX 78207

Ph. 210.226.6178

Emergency Financial Assistance for utility.

**Society of St. Vincent de Paul Southwest Texas**

**Council** <https://svdpsa.org/> PO BOX 831074 San

Antonio, TX 78283 Ph. 210-225-7837

St Matthew Parish SVDP 10703 Wurzbach Rd. Ph.

210.3478.5020

Food, clothing and furniture assistance, utility and rental assistance. Locations through San Antonio Catholic Parishes

see list <https://svdpsa.org/locations>. Must live within neighborhood boundaries of parish to receive assistance at location. Call for operating hours.

### **City of San Antonio Neighborhood & Housing Services Department**

<https://www.sanantonio.gov/Portals/0/Files/NHSD/Repair/FY%202019%20Joint%20Application.pdf?ver=2018-08-03-164331-800> 1400 S. Flores, San Antonio, TX 78204 Ph. 210.207.5403 or 210.207.6459

Minor Home Repair, Under 1 Roof, and Let's Paint home repair programs for qualified homeowners, follow link for application.

### **Habitat ReStores**

<https://www.habitat.org/local/restore?zip=78231>

Low cost hardware and home repair materials, locations throughout the city.

## **Senior Services**

### **Department of Human Services for Seniors City of San Antonio**

<https://www.sanantonio.gov/humanservices/forse-niors> 106 S. St. Mary's 7<sup>th</sup> Floor San Antonio, TX 78205 Ph. 210.207.8198

Comprehensive community resource guide of services for San Antonio area Seniors.

### **Senior Centers in San Antonio**

<https://www.sanantonio.gov/humanservices/SeniorServices/SeniorCenters>

### **Senior Nutrition Program**

<https://www.sanantonio.gov/humanservices/SeniorServices/SeniorNutritionProgram>

### **Senior Transportation Services**

<https://www.sanantonio.gov/humanservices/SeniorServices/SeniorTransportationServices>

### **Family Assistance Centers**

<https://www.sanantonio.gov/humanservices/FinanceEmergency/FamilyAssistanceCenters>

### **Senior Services San Antonio -**

<https://ccaosa.org/senior-services/> 1801 W. Cesar Chavez Blvd. San Antonio, TX 78207 Ph. 210.226.6178

**Adopt-A-Senior** – Volunteers are paired with isolated seniors to provide basic needs and companionship.

**Project Hope** – On the first Monday of the month, volunteers distribute a two-week food stipend to low-income seniors.

**Project Cool** – Free box fans are provided to senior citizens in an effort to prevent heat-related illness and death during the hot summer months. Visit the Project Cool page by clicking [here](#) to learn more.

**Programs are also available to active seniors interested in helping us help others:**

**Foster Grandparents Program (FGP)** – Foster Grandparents are seniors over the age of 55 who provide one-on-one tutoring and/or mentoring at various schools and education organizations in San Antonio.

**Retired and Senior Volunteer Program (RSVP)** – RSVP is a volunteer program which recruits and engages seniors over the age of 55 to use their skills, talent, and experience to address a wide range of community needs at the national level.

## Food & Nutrition Assistance

### SNAP Food Benefits THHS

<https://www.hhs.texas.gov/services/food/snap-food-benefits>

SNAP is an income based nutrition assistance program. SNAP benefits are put on a Lone Star Card. Apply for SNAP online through THHS.

### National School Breakfast and Lunch Program for Texas <https://www.benefits.gov/benefit/1990>

Information on eligibility income requirements for free and reduced meals at Texas publicly funded schools. Must sign up through local school district.

### Texas WIC – Texas Health and Human Services

<https://texaswic.org/>

Provides supplemental nutritional assistance for approved foods and nutrition education programming

<https://texaswic.org/wic-foods-and-recipes/shopping-wic-foods>

- **JC Food Mart**

<https://www.jcfoodmart.com/>

JC Food Mart is a San Antonio-based grocery store that sells WIC-authorized foods (such as infant formula, fresh vegetables and fruit) to customers in a convenient and friendly environment. 10 locations throughout San Antonio. Locations most convenient to client population areas.

- 5721 Walzem Rd. San Antonio, TX 78218  
210.930.3244 210.9.0.3244
- 4163 Naco Perrin Blvd. San Antonio, TX 78217  
210.654.7872
- 5947 Ingram Rd. Ste. 101, San Antonio, TX  
78228 210.438.8782

**SA Food Bank** <https://safoodbank.org/> 5200  
Enrique M. Barrera Pkwy San Antonio, TX 78227  
Ph. 210.337.3663

The San Antonio Food Bank has quickly grown to serve 90,000 individuals a week in one of the largest service areas in Southwest Texas. Through our network of more than 500 partners and our own direct service programs, we are capable of distributing millions of pounds of food and groceries a year to combat hunger. Refer to website for programs and food distribution points locate through the San Antonio Region.

**Meals on Wheels** <https://www.mowsatx.org/> 4306 NW  
Interstate 410 Loop Frontage Rd, San Antonio, TX 78229  
Ph. 210-735-5115

Meals on Wheels is a proven public-private partnership that effectively addresses the challenges of aging by promoting health and improving quality of life for our nation's most vulnerable seniors by delivering meals to homebound seniors and offering various senior programming.

**Senior Nutrition Program**  
<https://www.sanantonio.gov/humanservices/SeniorServices/SeniorNutritionProgram>  
Ph. 210-207-7172



Senior Nutrition Program offers lunches at Senior Community Centers throughout the city. See list for locations call for more information

<https://www.sanantonio.gov/humanservices/Facilities#5455252-senior-centers>

**Society of St. Vincent de Paul Southwest Texas Council** <https://svdpsa.org/> PO BOX 831074 San Antonio, TX 78283 Ph. 210-225-7837

Food, clothing and furniture assistance, utility and rental assistance. Locations through San Antonio Catholic Parishes see list <https://svdpsa.org/locations>. Must live within neighborhood boundaries of parish to receive assistance at location. Call for operating hours.

- St Matthew Parish SVDP 10703 Wurzbach Rd. Ph. 210.3478.5020

**Catholic Charities/St. Stephens Care Center** <https://ccaosa.org/st-stephens-care-center/> 2127 S. Zarzamora St. 78207 Ph. 210.226.6178

Groceries, eligible every 3 months, need ID, SS card & utility bill, Mon-Fri, 8:00am-12 noon & 1:00pm-5:00pm.

## **Clothing Assistance**

**Catholic Charities/St. Stephens Care Center** <https://ccaosa.org/st-stephens-care-center/> 2127 S. Zarzamora St. 78207 Ph. 210.226.6178

Onsite clothing closet.

**Society of St. Vincent de Paul Southwest Texas Council** <https://svdpsa.org/> PO BOX 831074 San Antonio, TX 78283 Ph. 210-225-7837

Food, clothing and furniture assistance, utility and rental assistance. Locations through San Antonio Catholic Parishes see list <https://svdpsa.org/locations>. Must live within neighborhood boundaries of parish to receive assistance at location. Call for operating hours.

- St Matthew Parish SVDP 10703 Wurzbach Rd. Ph. 210.3478.5020

### **Texas Diaper Bank**

<https://www.texasdiaperbank.org/> 1803 Grandstand Dr. #150, San Antonio, TX 78238 Ph. 210.731.8118 email: [help@texasdiaperbank.org](mailto:help@texasdiaperbank.org)

By attending My Health Child classes offered by Wesley Nurses, clients earn “Baby Bucks” redeemable at Baby Corners. Baby Bucks are redeemable for donated items, aside from the diapers and wipes they receive through the organization’s Calm Parent and My Healthy Child classes and Diaper Assistance program, such as baby clothes, breast pumps, formula, car seats, and strollers.

### **Dress for Success San Antonio**

<https://sanantonio.dressforsuccess.org/> 600 N Frio Road, San Antonio, TX 78207 Ph. 210.737.1515

Educating clients about career choice and employment stability; primary focus on career development and support,

with clothing a tool to complete professional presentation. Emphasis is on education, teaching clients to understand the world of work and their places in it, with on-line skills training, business etiquette and problem-solving, contemporary search strategies and safe social networking.

### **San Antonio Threads**

<https://sanantoniothreads.org/> 10446 Sentinel St.  
San Antonio, TX 78217 Ph. 210.600.3989 email  
[chamilton@sanantoniothreads.org](mailto:chamilton@sanantoniothreads.org)

Our Mission is to provide a safe and nurturing shopping experience for teenagers in need. Our target age group is 12-21 years of age; to include teens in foster care, teens that have aged out of foster care, homeless teens, or other teens in need of support. Teens who qualify choose complete outfits, new socks, underwear, bras, toiletries, shoes, and seasonal items, when available.

### **Goodwill San Antonio**

[https://www.goodwillsa.org/locations?location\\_type=shop](https://www.goodwillsa.org/locations?location_type=shop) Various Locations throughout San Antonio  
Low cost gently used clothing, houseware, electronics, and furniture. Location though out San Antonio. Locations nearest client communities:

- Blanco RD @ Loop 410 727 NW Loop 410 San Antonio, TX 78216
- Summit Parkway 4949 NW Loop 410 San Antonio, TX 78229
- De Zavala Rd. 12332 IH 10 W San Antonio, TX 78230

## **Early Childhood Education and Childcare Services**

## City of San Antonio Childcare Assistance

<https://www.sanantonio.gov/humanservices/EarlyEducationChildCare>

9725 Datapoint Dr., Suite 200, San Antonio, TX  
78229 Ph. 210.230.6300

The Child Care Services Program provides childcare subsidies to an average of 9,000 children per day through more than 600 local childcare providers. Childcare services are available for both full and part-time care for qualifying families.

Qualified families may encounter a wait period for service availability. To qualify for CCS, individuals must meet certain criteria:

1. Children must be under 13 years of age (Under 19 years of age for a child with disabilities)
2. Families income must not exceed 85% of the state median income (see [Income Eligibility Guidelines](#))
3. Single parent working or in training/school at least 25 hours per week? OR  
Two-parent household with both parents working or in training/school, with each parent averaging 25 hours per week?

Those eligible for childcare assistance include:

- Parents who are receiving Temporary Assistance to Needy Families (TANF),
- Parents who have recently stopped receiving TANF benefits because of earned income,
- Parents with low incomes who need help paying for child care so they can continue to work or attend school,
- Teen parents from low-income families who need child care to attend school
- Parents with low incomes who have children with disabilities, and

- Parents who meet the definition of experiencing homelessness

**Head Start through Family Service** <https://family-service.org/headstart/> 702 San Pedro Ave. San Antonio, TX 78212 Ph. 210.299.2400

Family Service Head Start is offered throughout Northside Independent School District, a center in the Judson Independent School District, a center in the North East Independent School District, and at YMCA within Haven for Hope. Two of our Head Start Centers, Christian Evers Elementary School, Murray E. Boone Elementary School and Haven for Hope, provide continuity of care from birth to kindergarten. Contact Family Service office for Head Start enrollment and site assignment.

**Pre-K 4 SA** <https://prek4sa.com/> Corporate Offices 7031 S New Braunfels Ave., San Antonio, TX 78223 Ph. 210.206.2721

Through our prekindergarten program, 2,000 students per year attend four Pre-K 4 SA Education Center locations. Our master teachers and passionate support staff provide an exceptional educational environment that is creating insatiable learners and empowered families.

Learning facility closest to client community:

- North Education Center 3635 Medical Dr, San Antonio, TX 78229 Ph. 210.206.2800
- East Education Center 5230 Eisenhower Rd., San Antonio, TX 78218 Ph. 210.206.28520

## Public Education and School Services

This list contains the most utilized School Districts in the San Antonio area based on client placement.

**Northside ISD** <https://www.nisd.net/> 5900 Evers Road, San Antonio, TX 78238 Ph. 210.397.8500  
email [info@nisd.net](mailto:info@nisd.net)

### **NISD Student Placement Center**

<https://www.nisd.net/district/bilingual-esl/student-placement-center>

Teacher Student Services Building 5651 Grissom Road, San Antonio, TX 78238 PH. 320.397.8158

- A student is referred to the Student Placement Center if a language other than English is indicated on the required federal Home Language Survey as part of the district registration process. Call to schedule an appointment no walk-in appointment.

### **Student Registration** information

<https://www.nisd.net/schools/registration>

**Family Engagement** <https://www.nisd.net/district/whole-child/family-engagement>

**Newcomer** <https://www.nisd.net/district/whole-child/family-engagement/newcomer> Ph. 210.397.8930 Coordinator  
Yolanda Chapman

Provide comprehensive support services to students who are Newcomer/Refugees from other countries, their families, and the staff who serve them in an effort to reduce and eliminate barriers to westernized education.

- Provide support to identified campuses that are impacted with students who are Newcomer/Refugees.
- Provide Home Visits
- Provide Family support and education regarding student progress and support.
- Support academic growth in the classroom through circle talks about acclimation to the new country and systems.
- Offer training and professional development to district staff and community partners.
- Support students, families, and staff with basic needs and community referrals.
- Provide individualized 1 to 1 support for students who are struggling in the classroom either academically or behaviorally.

**North East ISD** <https://www.neisd.net/> 8961

Tesoro Drive, San Antonio, TX 78217 Ph.  
210.407.0000

**Student Registration** information

<https://www.neisd.net/registration>

**Family Engagement**

<https://www.neisd.net/familyengagement> 8961 Tesoro Drive,  
Ste. 419 San Antonio, Texas, 78217 Ph. 210.407.0118 Contact  
Araceli Dominguez [adomin3@neisd.net](mailto:adomin3@neisd.net)

- The mission of the NEISD Family Specialist is to build communication between parents, the school, and the community; to assist students and families who are experiencing barriers; and, to empower all parents to fulfill their role as their child's first teacher.

**Newcomer Program** <https://www.neisd.net/Page/20229>

Kerry Haupert Assistant Director of Bilingual/ESL-Newcomers  
Ph. 210.407.0063 [khaup@neisd.net](mailto:khaup@neisd.net)

- The NEISD Newcomer program is for recent arrival of refugees or asylees. This program provides the support of a safe learning environment in order for the students to begin acclimating to U. S. schools. The newcomer program assists students by providing the linguistic, cognitive, and academic needs while holding high standards. The students will participate in the program for no more than 2 years as it depends on an individual student basis.

**San Antonio ISD** <https://www.saisd.net/> 514 W  
Quincy St. San Antonio, TX 78212 Ph. 210.554.2200

**Office of Access and Enrollment Services**

<https://www.saisd.net/page/oaes-registration>

**Family and Support Services**

<https://www.saisd.net/page/fsss-home>

**International Welcome Center**

<https://www.saisd.net/page/international-welcome-center>

Pickett Academy 1931 E. Houston St., San Antonio, TX 78202  
Ph. 210.554.2592

San Antonio ISD operates an International Welcome Center for new families to the District whose child or children are:

- Newcomer immigrant students who are within their first three years in U.S. schools.
- Students who are speakers of a language other than English and are within their first three years in U.S.



schools (including transfer students from out-of-state schools).

## **Adult Education and Workforce Services**

### **NEISD Adult Education**

<https://www.neisd.net/Page/872> Ferrari Learning Center 107 W Rampart, San Antonio, TX 78216 Ph. 210.356.7550 email: [adulsted@neisd.net](mailto:adulsted@neisd.net)

NEISD Adult Education offers FREE English as a Second Language (ESL) classes for students 19 years and older, as well as high school equivalency (HSE) (aka GED) preparation classes in English and in Spanish for students 16 years and older. We also collaborate with NEISD Community Education to offer Career Training classes that lead to workforce certifications. Scholarships are available to those students who qualify.

### **NISD Adult Education**

<https://www.nisd.net/district/adult-education>  
Northside Learning Center 6632 Bandera Rd. San Antonio, TX 78238 Ph. 210.397.8109

NISD Adult Education offers FREE English as a Second Language (ESL) classes, GED preparation classes and career training classes.

### **SAISD Adult & Community Education**

<https://www.saisd.net/page/ace-home> Adult Education Main Office 906 Merida St. San Antonio, TX 78207 Ph. 210.554.2450 or 210.554.2453

In person Registration at 2 locations:

Margarita Huantes Learning Center, 1411 Guadalupe St. San Antonio, TX 78207

Adult Education Main Office 906 Merida St. San Antonio, TX 78207

Free Classes- GED, ESL, Citizenship Classes, Distance Learning, College Preparation, Career Training.

**Restore Education** <https://restoreeducation.org/>

4205 San Pedro Avenue, San Antonio, TX 78212 Ph.

210.432.6123 email [info@restoreeducation.org](mailto:info@restoreeducation.org)

High School Equivalency, College Readiness Support, English Language Classes, Career Readiness Training.

**Each One Teach One** <https://www.eotosa.org/> 815

El Monte Blvd, Sn Antonio, TX 78201 Ph.

210.320.1287

Our focus is to improve the literacy and learning levels of San Antonio's adult population. We strive to make classes accessible to all who want to learn. Courses are offered to those 18 years and older. For new students there is a one-time fee of \$25. All services and materials are included. High School Equivalency Prep, Adult Basic Literacy, ESL, and Digital Literacy.

**Partners in Progress** <http://www.satrainers.org/>

1410 Guadalupe Street, Suite 114 San Antonio, TX

78207 Ph. 210.224.6466

Partners In Progress was established to serve the community by offering educational and workforce developmental training programs that lead to employment and/or higher

education career pathways. Offering U.S. Citizenship, ESL, GED, Workforce Development Training.

**Alamo Colleges District** <https://www.alamo.edu/>

2222 N. Alamo St, San Antonio, TX 78215 Ph.

210.212.5266

Alamo Colleges District is composed of five independent community college campuses

**Northeast Lakeview College** <https://www.alamo.edu/nlc/>

**Northwest Vista College** <https://www.alamo.edu/nvc/>

**Palo Alto College** <https://www.alamo.edu/pac/>

**St. Phillip's College** <https://www.alamo.edu/spc/>

**San Antonio College** <https://www.alamo.edu/sac/>

Refer to campus sites for workforce development programing, pre college courses, and more.

Most utilized ACD Sources for Clients-

**Center for English Learning at San Antonio College**

<https://www.alamo.edu/sac/academics/academic-resources/english-as-a-second-language/> Openheimer

Academic Center Ph. 210.486.0965

**Empowerment Center at San Antonio College**

<https://www.alamo.edu/sac/about-sac/college-offices/empowerment-center/> 703 Howard St. San Antonio,

TX 78212 Ph. 210.486.0455

Services are provided for women and non-traditional students including single parents, displaced homemakers, first-generation college students, residents of public housing, dislocated workers, and other individuals needing support to succeed in a college environment.

## **Workforce Solutions Alamo**

<https://www.workforcesolutionsalamo.org/>

Administrative Office 100 N Santa Rosa Street, San Antonio, TX 78207 210.272.3260

Our One-Stop Career Centers offer job seekers employment information, career development training opportunities, life essentials support and connect you to various programs in the 13-County Alamo Region.

PROGRAM SERVICES: Child Care Services • Employer Services  
• Job Seeker Services • Veterans Services  
Vocational Rehabilitation Services • Youth Empowerment Services (YES!)

RESOURCES: Jobs KIOSK • Parking Lot Wi-Fi • Computer Access • Career Assessment Tools  
Offices located near client communities

**WSA- Datapoint** 3652 Bluemel Rd. San Antonio, TX 78229 Ph. 210.438.0581

**WSA- Walzem** 4615 Walzem Rd #100 San Antonio, TX 78218 Ph. 210.822.7640

**Project Quest** <https://questsa.org/> 800 Quintana Rd. BLDG 8 San Antonio, TX 78211

We connect San Antonians to emerging careers in healthcare, manufacturing and trades, and IT and cybersecurity. Our nationally recognized workforce and skills training program has helped thousands find amazing in-demand careers. Our support means we go the extra mile to ensure program participants reach their goals. With wrap-around services that can include rental assistance, scholarships, job interview prep, funds for tuition and books, and more, and our

workforce program has one of the highest completion rates in the country. At QUEST, we strengthen the economy and transform lives by preparing individuals for in demand, living-wage careers.

**Workforce Development Office – City of San Antonio** <https://www.sanantonio.gov/workforce/>  
Ph. 210.207.6000

City of San Antonio Workforce Initiatives, see program information below.

- **SA: Ready to Work**  
<https://www.sanantonio.gov/workforce/Programs/SA-Ready-to-Work>
- **Train for Jobs SA**  
<https://www.sanantonio.gov/workforce/Programs/Train-for-Jobs-SA>
- **Alamo Promise** <https://www.alamo.edu/promise/>  
(Tuition Free College)

## **Financial Empowerment**

**Financial Empowerment Centers San Antonio - Family Services** <https://www.sanantoniofec.org/>  
Financial Empowerment Program 1302 North Zarzamora St., San Antonio, TX Ph. 210.206.5372

Need help managing or reducing your household debt? Want advice on how to build or restore your personal credit? Have a budget but need some specific tips on how to better save for your retirement?

The San Antonio Financial Empowerment Center counselors can help you:

- Take control of your debt
- Deal with debt collectors
- Improve your credit
- Build your savings
- Create a budget
- Find safe and affordable financial products

Locations:

The Neighborhood Place 3014 Rivas St. San Antonio, TX  
78228 210.431.4425

Claude Black Community Center 2805 E. Commerce St. San  
Antonio, TX 78203 210.352.7087

## **Volunteer Income Tax Assistance Program**

<https://vitas.org/>

**GCC/ CCAOSA** <https://ccaosa.org/vita/> 210.222.2975 Call for  
appointment

Income Tax Assistance for income \$55,000 or less. Locations  
throughout San Antonio

## **Transportation**

**Via Metro** <https://www.viainfo.net/> **123 N  
Median St., San Antonio, TX 78207**

VIA Metro Transportation provides bus and shuttle  
services through the San Antonio area. Special  
services utilized by clients include:

- **VIA transtrans** Paratransit Services <https://www.viainfo.net/viatrans-paratransit/>  
VIA trans is a transportation service option for customers who cannot utilize regular bus service because of a disability. It is a shared-ride, curb-to-curb service that offers independence through mobility and expands access to opportunity via transit. Service eligibility requirements.
- Vanpool Service <https://www.viainfo.net/vanpool-service/>  
**VIA Works**, the Transit Benefit Program from VIA Metropolitan Transit offers convenient and affordable choices for employers and employees to enjoy the benefits of public transportation. VIA Works Vanpool vehicles may travel almost anywhere, as long as trips start or end within VIA's bus service area. Vanpool makes it possible for **groups of five to 15 persons** to share a ride to work, while splitting the cost of van rental and fuel.

### **San Antonio International Airport**

<https://flysanantonio.com/> 9800 Airport Blvd., San Antonio, TX 78216

### **Greyhound San Antonio Bus Station**

<https://www.greyhound.com/en-us/bus-station-682561> 500 N Saint Marys St. San Antonio, TX 78205 Ph. 210.270.5868

**Megabus.com** <https://us.megabus.com/city-guides/san-antonio>

## **Emergency Reporting**

## **Adult Protective Services**

[https://www.dfps.state.tx.us/adult\\_protection/](https://www.dfps.state.tx.us/adult_protection/)

Statewide Abuse Hotline: 800-252-5400: 24 hours a day, 7 days a week

Anyone may report when an adult- age 65 and older, or age 18 to 64 and with a disability- is in a state of abuse, neglect, or exploitation.

## **Texas Department of Family and Protective Services Child Protective Services**

[https://www.dfps.state.tx.us/child\\_protection/](https://www.dfps.state.tx.us/child_protection/)

Statewide Child Abuse Hotline 1-800-255-5400

Online:

<https://www.txabusehotline.org/Login/Default.asp>

[X](#)

The Texas Department of Family and Protective Services (DFPS) has a central place to report:

- Child abuse and neglect.
- Abuse, neglect, self-neglect, and exploitation of the elderly or adults with disabilities living at home.
- Abuse of children in child-care facilities or treatment centers.

## **National Human Trafficking Hotline**

<https://humantraffickinghotline.org/> Hotline

1.888.373.7888

Human trafficking is a form of modern-day slavery. This crime occurs when a trafficker uses force, fraud or coercion to



control another person for the purpose of engaging in commercial sex acts or soliciting labor or services against his/her will. Force, fraud, or coercion need not be present if the individual engaging in commercial sex is under 18 years of age.

### **National Domestic Violence Hotline**

<https://www.thehotline.org/> 24 Hour Hotline

1.800.799.7233

Contacts to The Hotline can expect highly trained, expert advocates to offer free, confidential, and compassionate support, crisis intervention information, education, and referral services in over 200 languages.

## **HOTLINES AND HELPLINES**

**Alcoholics Anonymous** - Helps people overcome their problem with alcoholism, 210-828-6235

**Alamo Service Connection** - Services for Senior Citizens and those with disabilities, 210-477-3275

**American Red Cross** - Provide support and assistance to the military stationed in and around San Antonio.  
210-224-5151

**Battered Women & Children's Shelter Crisis Line** - Provides the necessary tools for self-sufficiency through the delivery of emergency shelter, transitional housing, education, effective parenting education, and early intervention with children and youth, 210-733-8810







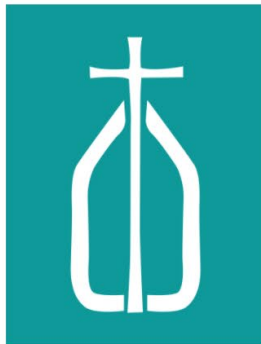








The Reception and Placement Program and Refugee Support Services teams work together to provide a welcoming atmosphere for all newcomer and resettled refugees through the promotion of community integration, advocacy, education and the forging of new pathways that lead towards a life of self-sufficiency.



**Catholic Charities**  
202 W. French Place  
San Antonio, TX 78212  
(210) 222-1294  
[www.ccaosa.org](http://www.ccaosa.org)