"For I was a stranger and you welcomed me" - Matthew 25:35
Catholic Charities Archdiocese of San Antonio, INC.

Refugee Resettlement Services Department
Client Services Resource Guide

Compiled by Programs of the Department of Refugee Services Catholic Charities San Antonio

The following is a department resource guide to be used by staff and volunteers to find services that can assist client service needs. This is a living document that will need to be updated as agencies and programs change or more services become available. The following programs and projects were selected as the most useful for department programs.

When using this guide know that referrals of services to other community agencies chosen by the client are not a guarantee of services for the client. When referring clients to outside services to the agency of their choice, please inform client that services are be based on eligibility requirements that are independent from CCAOSA. Before referring clients to the agency of their choice, please contact agency to inquire about program and service availability and existence of program before referring client out.

San Antonio Local Resettlement Agencies
Local Resettlement Agencies within San Antonio operate in cooperation under guidance provided by the Bureau of Population, Refugees, and Migration (PRM), the Office of

Refugee Resettlement (ORR), and Texas Office of Refugee Resettlement (TXOR). Refer to service agreements between agencies to best assess where individuals are eligible for services.

**Catholic Charities San Antonio Refugee Resettlement Services** - [https://ccaosa.org/refugee-resettlement/](https://ccaosa.org/refugee-resettlement/)
Main Office: 202 W French Place, San Antonio TX 78212
Ph. 210.222.1294

Services include Reception & Placement, Cash and Medical Assistance, Safe Passages Family Reunification, new comer orientation, case management services through Afghan Placement Assistance Program, Matching Grant, Social Adjustment Services, Preferred Communities, Trafficking Victims Assistance Program, educational services for children through the School Impact Program, educational and employment services including Youth Mentorship Program for youth ages 16-24, and adult English Language Instruction, Refugee Employment Services refugees and referral for immigration and citizenship services to Caritas Legal Services. Program services are offered based on individual eligibility criteria.

**Refugee and Immigration Center for Education and Legal Services (RAICES)** -
RAICES Refugee Community Education Center: 802 Kentucky Avenue, San Antonio TX 78201 Ph. 210.226.7722

Services include Reception & Placement, Cash and Medical Assistance, case management services through Matching
Grant, Afghan Placement Assistance, newcomer orientation, and immigration and citizenship legal services. Program services are offered based on individual eligibility criteria.

**Refugee Services of Texas San Antonio (RST-SA) -** [https://www.rstx.org/locations/san-antonio.html](https://www.rstx.org/locations/san-antonio.html)  Main Office: Oak Hills Presbyterian Church 6739 Callaghan Road, San Antonio TX 78229 Ph. 469.640.3027

Services include Reception & Placement, Cash and Medical Assistance, newcomer orientation, case management services through Afghan Placement Assistance Program, Matching Grant, and refugee employment services. Program services are offered based on individual eligibility criteria.

**Texas Local Resettlement Agencies and Service Providers**

This list of statewide LRAs is to assist with contact to a Resettlement Agency in the event contact is needed for migration of case or secondary migrant assistance. This list can also be used for statewide refugee department collaboration efforts.

**ABILENE**

International Rescue Commission – Abilene (IRC) [https://www.rescue.org/united-states/abilene-tx](https://www.rescue.org/united-states/abilene-tx)  
3305 N Third ST STE 320, Abilene, TX Ph. 325.675.5643

**AMARILLO**

Catholic Charities of the Texas Panhandle (USCCB) [https://www.cctxp.org/programs/refugee resettlement/](https://www.cctxp.org/programs/refugee resettlement/)  
2801 Duniven Circle Amarillo, TX 79109 Ph. 806.376.4571
Refugee Services of Texas, Inc. - Amarillo (CWS and LIRS)  https://www.rstx.org/locations/amarillo.html  
Sub-Office of Dallas 1101 Fritch Highway, Amarillo, TX 79108 Ph. 806.381.0099 email: amarillo@rstx.org

AUSTIN
Refugee Services of Texas, Austin (EMM and USCRI)  https://www.rstx.org/locations/austin.html  
500 East St. Johns Ave. Suite 1.280, Austin, TX 78752 Ph. 512.472.9472 email: austin@rstx.org

DALLAS
Catholic Charities of Dallas, Inc. (USCCB)  https://www.ccdallas.org/services/refugee-services/  
Refugee Services 1421 W. Mockingbird Lane, Dallas, TX 75247 Ph. 972.246.6010

International Rescue Commission - Dallas (IRC)  https://www.rescue.org/united-states/dallas-tx  
6500 Greenville AVE STE 500, Dallas, TX 75206 Ph. 214.461.9781 email: Dallas@Rescue.org

Refugee Services of Texas, Inc. – Dallas (CWS and LIRS)  https://www.rstx.org/locations/dallas.html  
11880 Greenville AVE STE 130, Dallas, TX 75243 Ph. 214.821.4883 email: dallas@rstx.org

FORT WORTH
Catholic Charities Diocese of Fort Worth (USCCB)  https://catholiccharitiesfortworth.org/refugee-
services/ 249 Thornhill DR, Fort Worth, TX 76115 Ph. 817.534.0814 Email: infocatholiccharities@ccdofw.org

Refugee Services of Texas – Fort Worth (LIRS CWS) https://www.rstx.org/locations/fort-worth.html
4200 South FWY STE 320, Fort Worth, TX 76115 Ph. 817.413.3772 email: fortworth@rstx.org

World Relief North Texas (WR) https://worldrelief.org/north-texas/our-work/refugee-resettlement/
4200 South FWY STE 408, Fort Worth, TX 76115 Ph. 817.615.9331 email: infonorthtexas@wr.org

HOUSTON
The Alliance for Multicultural Community Services (ECDC) https://thealliancetx.org/refugee-services/
6440 Hillcroft Ave, Houston, Texas 77081 Ph. 713.776.4700 info@TheAllianceTX.org

Catholic Charities Archdiocese of Galveston-Houston (USCCB) https://catholiccharities.org/supporting-refugees-immigrants/refugee-services/ 2900 Louisiana St, Houston, TX 77006 Ph. 713.526.4611

Interfaith Ministries for Greater Houston (EMM) https://www.imgh.org/refugees/
3303 Main St, Houston, TX 77002 Ph. 713.533-4900

Refugee Services of Texas – Houston (LIRS) https://www.rstx.org/locations/houston.html
YMCA International Services, YMCA of Greater Houston (USCRI)
https://ymcahouston.org/locations/ymca-international-services 6300 Westpark DR STE 600, Houston, TX 77057 Ph. 713.339.9015 Satellite Office – Immigration Legal Services 6671 Southwest Freeway, Suite 250 Houston, TX 77074 713.758.9280

Local Refugee Community Based Organizations

Center for Refugee Services - https://sarefugees.org/ 8703 Wurzbach Rd #A1 San Antonio, TX 78240 Ph. 210.949.0062

The mission of CRS is to promote the wellness, self-sufficiency, and successful community integration of resettled refugees and their families. Able to assist Refugee populations past five-year resettlement service period. Offer ESL classes, art and music classes, health and wellness services, and much more. A CCAOSA RRS community partner.

Culturlingua - https://www.culturingua.com/welcome 8920 John Barrett Drive, San Antonio, TX 78240 Ph. 407.873.9959 Email: infoo@culturingua.com

Culturlingua empowers San Antonio residents living in the Medical Center neighborhood, most of whom are underserved immigrants and refugees from the Middle East, North Africa, and South Asia, with the skills and resources
they need to build productive, fulfilling lives and contribute back to the community through several programs:

- Nourish to Flourish Culinary Entrepreneurship Incubator
- Afghan Refugee Community Sponsors
- Health Equity
- Community Outreach
- Ramadan Iftar Outreach

**Interfaith Welcome Coalition -**
sanantoniowelcome@gmail.com

IWC collaborates with many other organizations serving refugees, asylum seekers, and at-risk immigrants and serves as advocates for the needs of these vulnerable populations.

**Afghans in San Antonio -** [https://afghansinsa.org/](https://afghansinsa.org/)

The purpose of AfghansInSA.org is to give San Antonio individuals, congregations, organizations, businesses, etc. the opportunity to serve Afghan Refugees well by working with San Antonio's refugee organizations guiding the way.

**Language Services**

Interpretation and Translation Services are guaranteed for individuals eligible for services only for service related assistance. Clients who seek language services for personal matters that fall outside of the bounds of service provided by CCAOSA Dept. of RRS and CCAOSA, Inc. are required to seek out services on their own with their own resources. Language services- Interpretation and translation are provided by private businesses at a fixed rate cost. A client should be aware of this when referring a client to language services regarding business not related to their case. A client has a
right to request language assistance when accessing services from a government agency or federally funded organization. The agency or organization is required to provide such services if requested.

**Interpreter & Translation Services -**  
202 W. French Pl. San Antonio, TX 78212 Ph. 210.222.1294

**TRANSLATION** – Translation refers to the written process where a message is rendered from one language to another.

- **FACE-TO-FACE INTERPRETING:** Interpreters are matched according to your needs.
- **VIRTUAL INTERPRETING:** Gain access to immediate translation:
  1) On Demand (Quick Dial) – Online system interpreters are available 24/7 to take your call.
  2) Scheduled Telephonic – Interpretation scheduled in advance through our online platform system.

**Worldwide Languages -**  
[https://worldwidelanguages.net/](https://worldwidelanguages.net/)  
243 W Sunset Road San Antonio, TX 78209 Ph. 210.805.8844 after hours 210.777.7261

Offering Video Remote Interpretation, Over the Phone Interpretation, On-Site Interpretation, and American Sign Language.
Immigrant Legal Aid Services – San Antonio Area

Community Legal Services for refugees, asylees, and immigrants. Service referrals by CCAOSA RRS staff are not guaranteed by the listed organizations. Please refer to the organization about service eligibility and if service organization is able to take on new clients.

American Gateways - https://americangateways.org/
2300 W Commerce ST STE 313, San Antonio, TX 78207 Ph. 210.521.4768 ext. 232 Deportation Crisis Hotline: (512) 270-1515

To champion the dignity and human rights of immigrants, refugees and survivors of persecution, torture, conflict and human trafficking through exceptional immigration legal services at no or low cost, education and advocacy.

- Asylum (for individuals and families fleeing persecution in their home country)
- Violence Against Women’s Act (VAWA) Petitions (for battered spouses, parents, and/or children)
- T Visas (for survivors of trafficking)
- U Visas (for survivors of certain types of violent crimes that occurred in the U.S.)
- Representation before the San Antonio Immigration Court
- Permanent Residency and Naturalization
- Deferred Action for Childhood Arrivals (DACA)
- Family-based Petitions

Caritas Legal Services – Catholic Charities
Archdiocese of San Antonio,

Immigration Assistance – Legal aid to help immigrants and refugees secure their legal immigration status. Every person has a unique situation. At Caritas Legal Services, we will try our best to find immigration relief that will allow you to stay in USA and work legally. Caritas legal Services have grants that can help immigration to reduce the fee or waive the fee. Our immigration services include:

- **I-485, Application to Register Permanent Residence or Adjust Status (Green Card):** Also known as Adjustment of Status or Green Card, a permit allowing a foreign national to live and work permanently in the U.S.
- **DS-260, Consular Processing:** Once you are the beneficiary of an approved immigrant petition I-130 or I-360 and an immigrant visa is immediately available to you, we will file all the required forms and documents and make sure you will pass the interview without any delay.
- **N-400, Application for Naturalization:** Any Lawful Permanent Residents (Green Card holders) of the United States who meets the eligibility requirements can file to become a U.S. Citizen.
- **Deferred Action for Childhood Arrival (DACA):** A United States immigration policy that allows some individuals with unlawful presence in the United States after being brought to the country as children to receive a renewable two-year period of deferred action from deportation and become eligible for a work permit in the U.S.
- **Family Petitions:** A petition that allows for individuals in the U.S. to sponsor their family to immigrate to the U.S.
- **Petition to Remove Conditions on Residence:** A petition that allows conditional permanent residents who obtained status through marriage to apply to
remove the conditions on their permanent residence, whether joint filing or filing without their U.S. citizen or lawful permanent resident spouse.

- **I-765/EAD, Work Authorization**: Authorization to work in the U.S. for a specific time period.
- **Terminate removal, Cancellation of removal 42 A and 42 B, Removal Defense**: Defense against removal from the country, which may include asylum (the protection granted by a nation to someone who has left their native country as a political refugee), and unaccompanied minors (children without the presence of a legal guardian).

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**City of San Antonio Immigration Services**

[https://www.sanantonio.gov/humanservices/ImmigrationServices](https://www.sanantonio.gov/humanservices/ImmigrationServices)  
Tino Gallegos, Immigration Liaison – Office of the City Manager  
tino.gallegos@sanantonio.gov  
106 S St. Mary’s 7th Floor, San Antonio, TX 78205  
Ph. 210.207.8993

The City of San Antonio is committed to strengthening coordination and connection to services for San Antonio’s immigrant community. The FY 2018 City Budget added a position to serve as the first City Immigration Community Liaison under the Office of the City Manager. This position will work with the community, stakeholder groups, nonprofit and interfaith organizations to establish a strong network to coordinate and connect San Antonio’s immigrant community to services.

**Refugee & Immigrant Center for Education and Legal Services (RAICES)**

[https://www.raicestexas.org/](https://www.raicestexas.org/)  
1305 N Flores ST, San Antonio, TX 78212  
Ph. 210.222.0964

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CCAOSA Refugee Resettlement Services Department – Community Resource Guide  
3/07/2022.
Our legal services extend from low-cost residency and citizenship services to pro-bono representation for families and children in detention, with service offerings for Residency & Citizenship Services, Asylum Seekers, Removal Defense, DACA, Legal Representation for Family and Children, and more.

The Migrant Center for Human Rights https://migrantcenter.org/
P.O. Box 90382, San Antonio, TX 78209 Ph. 210.802.6061

We work to ensure that all immigrants facing removal from the United States understand their rights under the law, have access to counsel, and are treated fairly and humanely. Through legal education and litigation support, we help protect people’s rights in the United States.

Asylum:
We represent people from around the world in their search for protection in the United States.
For those we do not have the capacity to represent, we also provide support in the following areas:
- Preparing for asylum interviews
- Filling out applications for protection and writing declarations
- Searching for human rights reports on conditions in their home country
- Preparing to present testimony in court
- Understanding denials and writing appeals

Unjustified Detention:
We help people get released from immigrant detention centers through bond and parole requests, habeas corpus petitions and other federal litigation.

Access to Counsel:
We advocate for access to legal representation regardless of ability to pay. Specifically, we help with:

• Language access for non-English speakers
• Reunification of families separated by the U.S. government

**Young Center for Immigrant Children’s Rights**
https://www.theyoungcenter.org/
2245 S. Michigan Ave, Suite 301, Chicago, IL 60616
Ph. 773.360.8920 Email: Info@theyoungcenter.org
San Antonio- 816 Camaron St. Suite 1349, San Antonio, TX 78212

The Young Center is a champion for the rights and best interests of unaccompanied immigrant children, making sure that wherever they land, whether here in the U.S. or in their home country, they are safe. The Young Center has offices in Houston, San Antonio Phoenix, Los Angeles, Washington, D.C., New York, Harlingen, and Chicago.

**U.S. Citizenship, Civic Education and Cultural Orientation**
Citizenship, Civic Resource and Local class guide.

**Online Resource Guides**

**USCIS Office of Citizenship Resource Center** -
https://www.uscis.gov/citizenship

• Immigrants who are interested in becoming U.S. citizens. Lawful permanent residents (LPRs) will find information about the naturalization process,
eligibility requirements, and study materials to prepare for the naturalization interview and test.

- Educators who play a critical role in preparing learners. Educators including teachers, volunteers, and program administrators will find several resources for the classroom. Educators can also search free USCIS training seminars designed to enhance the skills needed to teach U.S. history, civics, and the naturalization process to immigrant students.

- Organizations that are interested in supporting immigrants in becoming citizens and assisting them to integrate into American civic society. Whether an organization is just beginning to help immigrants on their journey towards citizenship or is an experienced service provider, they will find resources to help enhance their overall efforts and programs.
  - Change of Address - [https://egov.uscis.gov/coa/displayCOAForm.do](https://egov.uscis.gov/coa/displayCOAForm.do)
  - Case Status Online - [https://egov.uscis.gov/casestatus/landing.do](https://egov.uscis.gov/casestatus/landing.do)

**USCIS Civic Integration** - [https://www.uscis.gov/citizenship/civic-integration](https://www.uscis.gov/citizenship/civic-integration)

- **Settling in the U.S.**
• Welcome to the United States: A guide for New Immigrants
• USCIS Welcomes Refugees and Asylees Brochure -
• Green Card https://www.uscis.gov/green-card

Citizenship Preparation Classes

USCIS Find an English or Citizenship Preparation Class - https://my.uscis.gov/findaclass
Search by zip code or address.

Academia America
https://www.academiaamerica.org/ 1313 Guadalupe St., Suite 102 San Antonio, TX 78207 210.910.6363
The Nuevos Ciudadanos Citizenship Education Program, Academia América’s new Americans project, has provided low-cost citizenship education and services to legal residents since June 2008. Academia America offers citizenship prep classes at several locations throughout the city:
• La Trinidad United Methodist Church, 300 San Fernando St., San Antonio, TX 78207
• Las Palmas Public Library, 515 Castroville Rd., San Antonio, TX 78237
• Westside Education and Training Center, 563 SW 40th St., San Antonio, TX 78237
San Antonio ISD U.S. Citizenship
https://www.saisd.net/page/ace-home 906 Merida St. San Antonio, TX 78207 Ph. 210.554.2450

Partners in Progress
http://www.satrainers.org/citizenship-and-immigration-services/
1410 Guadalupe St, Suite 114 San Antonio, TX 78207 Ph. 210.224.6466 email: partnersinprogress.perez@gmail.com

Refugee Cultural Integration

Cultural Orientation Resource Exchange (CORE)
https://coresourceexchange.org/

The Cultural Orientation Resource Exchange (CORE), a technical assistance program, connects and supports refugee resettlement staff globally to deliver effective Cultural Orientation which helps refugees and Special Immigrant Visa holders achieve self-sufficiency in the United States.

Through CORE, Cultural Orientation providers can:

- Participate in online and in-person learning opportunities
- Download resources to deliver Cultural Orientation
- Utilize refugee resources in multiple languages and multimedia formats

CORE is funded by the U.S. Department of State, Bureau of Population, Refugees, and Migration (PRM), and administered by the International Rescue Committee.
• **Core Resettlement Navigator** [https://corenav.org/](https://corenav.org/)
• **Settle In Desk Top App** [https://desktop.settlein.app/](https://desktop.settlein.app/)

**USA Hello** - [https://usahello.org/](https://usahello.org/)  PO BOX 15167, Portland, OR 97293 Ph. 503.468.5474 Email: hello@usahello.org

USAHello is a non-profit organization that uses the power of the internet to help immigrants, asylum seekers, refugees and the communities that welcome them build brighter futures for themselves and their families. USAHello’s platform serves as a hub for trustworthy information and educational resources. We work hard to be relevant to the communities we serve. Our information is written in plain English and translated into additional languages to ensure it is accessible to as many people as possible. Includes free online GED and citizenship classes.

**Welcoming America**
[https://welcomingamerica.org/](https://welcomingamerica.org/)

Welcoming America is a nonprofit, nonpartisan organization that leads a movement of inclusive communities becoming more prosperous by ensuring everyone belongs. We believe that all people, including immigrants, are valued contributors and vital to the success of our communities and shared future.

**Government Services**
Federal, state and local services
Social Security Administration [https://www.ssa.gov/](https://www.ssa.gov/)
Social Security provides financial protection with retirement, disability, Medicare, Supplemental Security Income and survivor’s benefits. Social Security is one of the most successful anti-poverty programs in our nation's history.

Local offices currently by appointment only. Office is assigned by resident zip code.
727 E Cesar Chavez Blvd, 7th Floor Room 701, San Antonio, TX 78206 Ph. 1.800.772.1213
402 Isom Rd, San Antonio, TX 78216 Ph. 1.866.571.0718
411 Richland Hills Dr, San Antonio, TX 78254 Ph. 1.800.772.1213
3438 E Southcross, San Antonio, TX 78223 Ph. 1.800.772.1213

Texas Health and Human Services [https://www.hhs.texas.gov/](https://www.hhs.texas.gov/)
State office for enrollment in federal programs: SNAP, WIC, Medicaid, Medicare, Social Security, SSI, TANF, CHIP. Pregnancy Medicaid and more.
- 211 Texas [https://www.211texas.org/](https://www.211texas.org/)
- Apply for Benefits [https://yourtexasbenefits.com/Learn/Home](https://yourtexasbenefits.com/Learn/Home)

Local Offices Are Currently by Appointment Only:

**THHS Administrative Office**
11307 Roszell St, San Antonio, TX 78217 Ph. 210.655.8760

**THHS Service Offices**: For in person appointments
2534 Castroville Rd, San Antonio, TX 78237 Ph. 210.436.4392
3300 Nacogdoches Rd, San Antonio, TX 78217 Ph. 210.599.3217
Health Services

University Health (UH)
https://www.universityhealthsystem.com/
Main Campus 4502 Medical Drive San Antonio, Texas 78229 210.358.4000
Locally owned and operated comprehensive health system in San Antonio and Bexar County, University Health takes to heart its responsibility to serve the health needs of our community today and into the future. Accepts RMA insurance, provides Language Line services, hosts the Refugee Health Clinic, provides OB/GYN, PCP, and Pediatric care for client community.

Refugee Health Services
Healthcare services specific to eligible refugee/asylee populations.

Refugee Health Services Clinic - University Health
https://www.universityhealthsystem.com/locations/refugee-health-services
903 W. Martin Street Historic Building San Antonio, TX 78207 Ph. 210.644.7951
Known as the Refugee Health Clinic or Refugee Vaccination Clinic. Where clients receive health screenings, referrals, and vaccinations.

**Refugee Health Clinic**
http://www.studentrunclinics.org/clinic/refugee-health-clinic
St. Francis Episcopal Church 4242 Bluemel RD, San Antonio, TX 78240 Ph. 469.458.0209 email: SARefugeeClinic@gmail.com

UT Health Science Center (UTHSC) student ran mobile clinic, call for availability of service. Organized in cooperation with Center for Refugee Services and St. Francis Episcopal Church. The clinic is located at St. Francis Episcopal Church and is held every Wednesday 5 – 8 p.m. You may also call 469-458-0209 for telehealth appointments during clinic hours. CRS provides translators, mental health and social services intervention.

**Tuberculosis Clinic – San Antonio Metropolitan Health District**
https://www.sanantonio.gov/Health/HealthServices/TB-Services
2303 SE Military DR BLDG 528, San Antonio, TX 78223 Ph. 210.207.8823 or 210.207.8826
(Formerly known as City Chest Clinic)

**Texas Center for Infectious Disease (TCID)** -
https://www.dshs.state.tx.us/tcid/
2303 SE Military DR, San Antonio, TX 78223 Ph. 210.534.8857 TB Consultation 1.800.839.5864
Primary Care Physician Services

Clients have a choice of their PCP provider. PCP care services are based on type of client insurance and if PCP is accepting new patients. The following list provides information on UH clinics that offer services for clients with RMA Insurance and are currently accepting patients. Refer to main UH Website Locations tab for more UH hospitals and clinics.

University Health (UH)
https://www.universityhealthsystem.com/
Main Campus 4502 Medical Drive San Antonio, Texas 78229 210.358.4000

- **University Health Westgate** 5285 Medical Dr, Ste. 240 San Antonio, TX 78229 Ph. 210.358.8255
  https://www.universityhealthsystem.com/locations/westgate
  - PCP, Pediatrics, OB/GYN, Pregnancy & Childbirth care

- **Robert B. Green Campus** 903 W. Martin Street, San Antonio, TX 78207 Ph. 210.358.3400
  https://www.universityhealthsystem.com/locations/robert-b-green-campus
  - PCP, Pediatrics, OB/GYN, Pregnancy & Childbirth care, NICU, Pharmacy

- **Dr. Robert L.M. Hilliard Center** 919 Locke Street, San Antonio, TX 78208 Ph.
210.644.8700
https://www.universityhealthsystem.com/locations/dr-robert-lm-hilliard-center
  o PCP, Pediatrics, OB/GYN, Pregnancy & Childbirth care

**Pregnancy and Newborn Care**

**Medicaid for Pregnant Women & CHIP Perinatal – Texas Health and Human Services**
https://www.hhs.texas.gov/services/health/medicaid-chip/medicaid-chip-programs-services/programs-women/medicaid-pregnant-women-chip-perinatal
Apply Online – Services for eligibility based on income.

**Texas WIC – Texas Health and Human Services**
https://texaswic.org/
Apply Online – Services for eligibility based on income.
- Pregnant women
- Breastfeeding women
- Women who had a baby within the last six months
- Parents, stepparents, guardians, and foster parents of infants and children who are younger than five.

**Hospital OB/GYN, Prenatal, and Postpartum Care Support -**

**University Health (UH)**
https://www.universityhealthsystem.com/
Main Campus 4502 Medical Drive San Antonio, Texas 78229 210.358.4000

- **UH Pregnancy and Childbirth**
  https://www.universityhealthsystem.com/services/pregnancy-childbirth

- **University Health Westgate** 5285 Medical Dr, Ste. 240 San Antonio, TX 78229 Ph. 210.358.8255
  https://www.universityhealthsystem.com/locations/westgate
  - PCP, Pediatrics, OB/GYN, Pregnancy & Childbirth care

- **Robert B. Green Campus** 903 W. Martin Street, San Antonio, TX 78207 Ph. 210.358.3400
  https://www.universityhealthsystem.com/locations/robert-b-green-campus
  - PCP, Pediatrics, OB/GYN, Pregnancy & Childbirth care, NICU, Pharmacy

- **Dr. Robert L.M. Hilliard Center** 919 Locke Street, San Antonio, TX 78208 Ph. 210.644.8700
  https://www.universityhealthsystem.com/locations/dr-robert-lm-hilliard-center
  - PCP, Pediatrics, OB/GYN, Pregnancy & Childbirth care

**Lone Star OB/GYN Associates**
https://www.lonestarobgyn.com/  Medical Center
Toer I 7950 Floyd Curl Dr. Suites 300 & 400 San Antonio, TX 78229 Ph. 210.615.6505
  • Accepts Pregnancy Medicaid

St. Luke’s Baptist Hospital
https://www.baptisthealthsystem.com/services/obstetrics
7930 Floyd Curl Dr, San Antonio, TX 78229 Ph. 210.297.5000

Everything you need for you and your baby is right here, including care for high-risk pregnancies and access to Level IV Neonatal Intensive Care Units (NICU), the highest level of NICU care.

Christus Health (Santa Rosa) – Center for Maternal and Fetal Care
https://www.christushealth.org/childrens/services-treatments/womens-services/maternal-fetal-medicine

  • The Children’s Hospital San Antonio 315 North San Saba, Professional Pavilion 9th Floor, Suite 930, San Antonio, TX 78207 Ph. 210.704.3200

  • Westover Hills 11212 State Highway 151, Medical Plaza 1 3rd Floor, Suite 300, San Antonio, TX 78251 Ph. 210.703.8200

Methodist Healthcare Prenatal Care -
https://sahealth.com/specialties/prenatal-care/ Ph. 210.575.0355 Offering comprehensive prenatal services and classes refer to website for more information.
Labor and Delivery

- Methodist Hospital 7700 Floyd Curl Dr, San Antonio, TX 78229 Ph. 210.575.4000
- Methodist Hospital Metropolitan 1310 McCullough Ave, San Antonio, TX 78212 Ph. 210.757.2200

San Antonio Birth Doulas CCAOSA - https://sabirthdoulas.org/ 4522 Fredericksburg Road, Suite A-47, Balcones Heights, TX 78201 Ph. 210.222.0988 email clinetservcies@sabdoulas.org

Birth Doula Services provide prenatal and childbirth education to prepare mothers and their support persons for the challenges of pregnancy, labor, and birth by offering non-medical physical and emotional support during the labor and birth process.

Breast Feeding -

Texas WIC https://texaswic.org/breastfeeding

Teleconsult video lactation consultant services provided for clients enrolled in WIC. Referral to local breastfeeding consultants and support groups.

San Antonio Lactation Support Center https://www.sanantonio.gov/Health/HealthServices/SanAntonioLactationSupportCenter
4538 Centerview Drive, Suite 151 San Antonio, TX 78228 Ph. 210.207.7138
The San Antonio Lactation Support Center is a place where breastfeeding mothers and pregnant women can come to learn, socialize, participate in a support group, receive free individual counseling for breastfeeding, or just speak to a health professional about infant feeding in a non-clinical café style environment. The San Antonio Lactation Support Center offers sessions held at various locations throughout the city. Call us at 210.207.7138 to find out exactly when and where. Appointments Preferred.

New Parent Services –

**Texas WIC Parenting Classes**
[https://texaswic.org/online-classes](https://texaswic.org/online-classes)

**CCAOSA Family and Children’s Services**
[https://ccaosa.org/family-and-childrens-services/](https://ccaosa.org/family-and-childrens-services/)

- **Nurse-Family Partnership** Ph. 210.226.3030 – Low income, first-time mothers, less than 28 weeks pregnant.
- **Nurturing Families** Ph. 210.222.1294 - Parents who are expecting or have a child under 3 years (0-36 months) Free maternal and childhood health program providing first-time mothers valuable knowledge and support throughout pregnancy and until their baby reaches 24 months old.

**Texas Diaper Bank**
[https://www.texasdiaperbank.org/](https://www.texasdiaperbank.org/) 1803 Grandstand Dr. #150, San Antonio, TX 78238 Ph. 210.731.8118 email: help@texasdiaperbank.org
The Diaper Assistance Program focuses on providing families access to diapers, wipes, and other healthcare items through the Texas Diaper Bank facilities or partner agencies. Families who qualify for this program also get the opportunity to enroll in educational parenting and health classes free of charge.

**Safe Riders Child Safety Seat Distribution and Education Program - THHS**
https://www.dshs.state.tx.us/saferiders/distribution.shtm

The Safe Riders program manages a child safety seat distribution and education program to reduce the number of motor vehicle crash (MVC) injuries and fatalities to children in Texas who are unrestrained. The program is available to eligible recipients and is available in most, but not all areas of Texas.

**Dental Services**

**City of San Antonio Metropolitan Health District**
Dental Providers List Pediatric & Community
https://www.sanantonio.gov/Health/HealthServices/Dental-Services/Medicaid-Pediatric-Dental-Providers#269863512-pediatric

Comprehensive list of San Antonio Area Community Dental Health Clinics for Pediatric dentists and Community practice.

**UT Health San Antonio Dentistry**
https://www.uthscsa.edu/patient-care/dental/appointment
82210 Floyd Curl Drive, San Antonio, TX 78229 Ph. 210.450.3700

Low cost dental services 60 – 70% below private practice costs performed by dental students under guidance of faculty. Request appointments online.

**San Antonio Christian Dental Clinic**
[https://www.sachristiandental.org/](https://www.sachristiandental.org/) 1 Haven for Hope Way Building 1 Suite 400, San Antonio, TX 78207 Ph. 210.220.2300

The clinic provides a wide range of dental services for low-income and homeless persons in San Antonio and Bexar County. The Clinic is unique in the area as the only agency providing free dental care primarily volunteer providers. IN collaboration with UTHSCA Dental School.

**Refugee Health Clinic**
St. Francis Episcopal Church 4242 Bluemel RD, San Antonio, TX 78240 Ph. 469.458.0209 email: SARefugeeClinic@gmail.com

UT Health Science Center (UTHSC) student ran mobile clinic, call for availability of service. Organized in cooperation with Center for Refugee Services and St. Francis Episcopal Church. The clinic is located at St. Francis Episcopal Church and is held every Wednesday 5 – 8 p.m. You may also call 469-458-0209 for telehealth appointments during clinic hours. CRS provides translators, mental health and social services intervention. Dental examination with referral.

**Greehey Family Foundation Pediatric Dental Clinic**
The Greehey Family Foundation Pediatric Dental Clinic at UT Dentistry offers comprehensive general pediatric dental services to children from birth through teens as pediatric dentists in San Antonio. Students, residents and faculty members from the School of Dentistry provide dental care in a loving and compassionate environment to all pediatric patients.

Eye Care / Glasses

UIW Eye Institute -
https://optometry.uiw.edu/patient-services/index.html
9725 Datapoint Drive San Antonio, TX 78229 Ph. 210.283.6800

The UIW Eye Institute is the clinical facility within the Rosenberg School of Optometry. Located near the San Antonio Medical Center, the Eye Institute offers clinical services ranging from pediatrics to geriatrics, vision therapy, contact lens, low vision, rehab/acquired brain injury, optical, ocular disease, ophthalmological and oculoplastic services.

I Care San Antonio https://www.icare-sa.org/
Haven for Hop Way San Antonio, TX 78207 Ph. 210.220.2370 info@alamovision.org

The mission of I Care San Antonio is to bring quality eye care, including medical, surgical and glasses, to low income.
and homeless families of San Antonio and the surrounding counties. We are a non-profit Christian organization supported by 35 volunteer doctors, local foundations and churches.

**Mental Health Services and Counseling Services**

**Grace Counseling Catholic Charites**  
https://ccaosa.org/counseling/  
2911 S New Braunfels Ave, San Antonio, TX 78210  
Ph. 210.377.1133

Grace Counseling provides confidential, professional, holistic, affordable, and flexible therapy to strengthen and heal individuals, children, couples, and families. Counseling services include anxiety, depression, and stress management, grief and loss, relationship and marriage counseling, parenting concerns and adjustment, family conflict, anger management, and more.

**Center for Survivors of Torture**  
https://cstnet.org/  
590 N. General McMullen Suite 3, San Antonio, TX 78228  
Ph. 210.434.1054

We provide long-term mental health counseling, social services, legal and medical services, referrals, and training. CST offers free individual, family, and group counseling for survivors of torture that often focuses on trauma and grief resolution. Clients can share their experiences in a safe environment with a licensed counselor who is there to support them as they strive to improve their lives. Complementary activities include: English as second language
training, mentoring, tutoring, resume building, job searches, finding housing, obtaining food, clothing, and navigating medical and legal systems. Bus cards, phone cards, and food cards are provided to those without resources.

San Antonio Counseling and Behavioral Center
Immigration–Related Psychotherapy Services
https://sacounselingcenter.com/immigration-related-psychological-services
Medical Center Branch 4201 Medical Drive #330, San Antonio, TX 78229 Ph. 210.614.4990 Email: ContactUS@SACounselingCenter.com

Five locations in San Antonio with location most convenient to client at Medical Center Branch. Call for client assistance.

- Political Asylum
- Refugee Status
- Cognitive Evaluations for N-648 applications
- mental health Consequences of family separation
- mental health effects of Spousal/Partner abuse
- Provide expert witness testimony in Federal courts
- Cultural Competency Assessment

Jewish Family Services https://jfs-sa.org/ North Office 12500 NW Military Hwy., San Antonio, TX 78231 Ph. 210.302.6920 South Location 1151 Mission Road San Antonio, TX 78210 Ph. 210.533.1112 Email info@jfs-sa.org

https://jfs-sa.org/mental-health-services/ Professional psychotherapists provide skillful and sensitive treatment for behavioral and emotional problems. Services are available no matter what your finances are like. We have an income-based
sliding fee scale, and accept Medicaid, Medicare, and many private insurance plans. We serve clients of all ages and work with individuals, families, and couples.

**The Ecumenical Center for Education Counseling Health** [https://www.ecrh.org/counseling/](https://www.ecrh.org/counseling/) 8310 Ewing Halsell Drive, San Antonio, TX 78229 Ph. 210.616.0885

We help people of every age, stage and condition of life – and from every imaginable cultural background – in dealing with all types of challenges. To do this, we offer a multidimensional approach to counseling. Based on client preference, we can provide straightforward clinical counseling style – or we can take a faith-based approach that correlates with the client’s traditions. Counseling Service located through our the San Antonio Community Call for assistance.

**Rape Crisis Center** [https://rapecrisis.com/](https://rapecrisis.com/) 4606 Centerview Suite 200, San Antonio, TX 78228 Ph. 210.521.7273 24 Hour Hotline 210.349.7273

At Alamo Area Rape Crisis Center, we support and empower all survivors of sexual assault. Through our dynamic partnerships and collaborations, we continue to focus on prevention education to end sexual violence in our community.

- Our team is dedicated to significantly decreasing the number of those impacted by sexual assault. We practice a multi-disciplinary approach to support our community with a responsive medical team, sensitive law enforcement department, and an active prosecution system.
Our dedicated clinical team understands the importance of care before, during and after an assault occurs. This is why, at the RCC, we provide a continuum of care that includes prevention, intervention, and advocacy through our 24-hour crisis hotline, free and confidential counseling services and the prevention education program.

Children’s Bereavement Center of South Texas
[https://cbcst.org/](https://cbcst.org/) 205 W Olmos Drive, San Antonio, TX 78212 Ph. 210.736.4847 Email development@cbcst.org

As the sole provider of grief support programs for children through young adulthood in South Texas, we wholeheartedly devote ourselves to addressing the bereavement needs of children from every culture and social circumstance to help them heal and move forward.

**Health Insurance/ Medical Assistance**

[Medicare.gov](https://www.medicare.gov/)

Information on Medicare and Medicaid eligibility and application information. Application must be sent through THHS.

- [Texas Health and Human Services](https://www.hhs.texas.gov/)
- State office for enrollment in federal programs: SNAP, WIC, Medicaid, Medicare, Social Security, SSI, TANF, CHIP. Pregnancy Medicaid and more.
• Apply for Benefits https://yourtexasbenefits.com/Learn/Home

CareLink - University Health https://www.universityhealthsystem.com/patient-visitor-resources/support/carelink
Ph. 210.358.3350

University Health cares about each of our patients, regardless of income level. We offer the CareLink financial assistance program to Bexar County families who do not have health insurance and do not qualify for other coverage. While CareLink is not health insurance, CareLink helps make health care services at University Health more affordable. Apply online or call for appointment.


Providing low cost / affordable health insurance options through the Affordable Care Act through a listing of state health care exchanges. Individual may apply or make changes during enrollment period. Refer to website for enrollment period and links to Texas ACA exchanges. Also serves as the portal to make payments on health insurance purchased through the exchange.

Project Mend https://www.projectmend.org/ 5015 Wurzbach Road San Antonio, Texas 78238 Ph. 210.223.6363 ext. 3

Project MEND is committed to improving the quality of life for individuals living with disabilities and illness through the refurbishment, reuse and distribution of medical equipment and other assistive technology.
Developmental Disability Services

2700 NE Loop 410 Suite 101 San Antonio, TX 78217 Ph. 210.832.5020


- Eligibility Determination
- Consumer Benefits Screening
- Service Coordination
- Medicaid Waiver Programs such as Home and Community-Based Services (HCS) or Texas Home Living (TxHmL)
- Safety Net funded services
- Assisted Residential Living
- Present Community Options


The mission of Any Baby Can is to serve families with children and youth facing serious health or developmental challenges. Offers Case Management, Sibling Support, Autism Services,
and Center for Infant and Childcare Loss, Prescription Assistance and more.

**Easterseals Rehabilitation Center**

Easterseals provides exceptional services, education, outreach, and advocacy so that Veterans, people living with autism and other disabilities can live, learn, work and play in our communities.

**The Arc of San Antonio** [https://arc-sa.org/](https://arc-sa.org/) 13430 West Avenue San Antonio, TX 78216 and 6530 Wurzbach San Antonio, TX 78240 Ph. 210.490.4300

The Arc of San Antonio serves as a social service home to all those with intellectual and developmental disabilities (IDD) and readily assists families during all phases of life. Programs include Adult Life Enrichment, Family Support Services, Community Living Assistance and Support Services, and Community Services Case Management.

**San Antonio Independent Living Services (SAILS)**

People with disabilities have the right to be treated with dignity and respect; the right to live and receive services in their own homes, and to decide for themselves what is the best for them. Independent Living is different from other social services in that people with disabilities decide what services are needed and the best way to receive those services. This allows individuals more control over their own lives and leads to independence.
The MAC Multi-Assistance Center at Morgan’s Wonderland
https://morganswonderlandmac.com/ 5210 Thousand Oaks Dr. San Antonio, TX 78223 Ph. 210.495.5888

Collaborative care and centralized services for individuals with special needs.

Navigate Life Texas
https://www.navigatelifetexas.org/en

State web based resource guide and advocacy program for families raising children with disabilities. Provides information on federal, state, and local services for family support.

Workforce Solutions Alamo- Vocational Rehabilitation
https://www.workforcesolutionsalamo.org/disabilities/vocational-rehabilitation-services/
WSA North Alamo Campus – Datapoint 9725 Datapoint Drive Suite 200 San Antonio, TX 78229 Ph. 210.438.0581

Workforce Solutions Alamo (WSA) and Texas Workforce Solutions Vocational Rehabilitation program (TWS-VRS) are working together to provide a variety of services that assist eligible people with disabilities to prepare and find, retain, or advance in competitive integrated employment. It helps youth and students with post-secondary opportunities.

Affordable Housing and Rental Assistance
Housing

U.S. Department of Housing and Urban Development (HUD) Rental Assistance Resource Guide
https://www.hud.gov/topics/rental_assistance

- Affordable Apartment Search (HUD properties)
- Tenant Rights and Responsibility Resource

San Antonio Housing Authority (SAHA)
https://saha.org/ 818 S Flores St., San Antonio, TX 78204 Ph. 210.477.6000

SAHA provides housing assistance through its Public Housing Choice Voucher and Mixed-Income housing programs. Apply online. See resident resource guide for more services https://saha.org/housing/resident-programs/resources/

Habitat for Humanity of San Antonio
https://www.habitatsa.org/ 311 Probandt San Antonio, TX 78204 Ph. 210.2235203

Habitat for Humanity of San Antonio works with low-income families who would not otherwise be able to afford a home. We collaborate with hardworking families in need and help them build affordable homes for themselves and their families at no interest and no profit. We are not a charity or a “handout” program, but rather we help families help themselves.
Home Ownership Incentive Program - Neighborhood & Housing Department City of San Antonio
https://www.sanantonio.gov/NHSD/Programs/DownPayment#229642780-hip-80 100 W Houston St, San Antonio, TX 78204 Ph. 210.207.6459

The Homeownership Incentive Program (HIP 80) provides assistance for homebuyers in the public by lending between $1,000 and $30,000 as a 0% interest / no payments second loan, which can be used for the down payment required by your lender and some of the additional costs, associated with purchasing a home.

Rental Assistance

Salvation Army Rent Assistance
https://salvationarmysanantonio.org/rent-assistance/ 910 North Flores, San Antonio, TX 78212 Ph. 210.352.2046

The Salvation Army assists individuals and families who are struggling to pay their rent. We are often able to assist those facing eviction.

Catholic Charities/St. Stephens Care Center

Emergency financial assistance.

Guadalupe Community Center CCAOSA
https://ccaosa.org/guadalupe-community-ctr/

1801 W. Cesar Chavez Blvd. San Antonio, TX 78207
Ph. 210.226.6178

Emergency Financial Assistance

**Fair Housing Emergency Assistance Program – City of San Antonio**

[https://www.sanantonio.gov/NHSD/Programs/FairHousing](https://www.sanantonio.gov/NHSD/Programs/FairHousing)

100 W Houston Street, San Antonio, TX 78204 Ph. 210.207.6459

City resource guide for emergency housing assistance.

**SAM Ministries** [https://www.samm.org/get-help/](https://www.samm.org/get-help/)

1919 NW Loop 410 Suite 100 San Antonio, TX 78213 Ph. 210.340.0302 email: hope@samm.org

Rental assistance and utility support. Call for available funds.

**Society of St. Vincent de Paul Southwest Texas Council** [https://svdpsa.org/](https://svdpsa.org/)

PO BOX 831074 San Antonio, TX 78283 Ph. 210-225-7837
St Matthew Parish SVDP 10703 Wurzbach Rd. Ph. 210.3478.5020

Food, clothing and furniture assistance, utility and rental assistance. Locations through San Antonio Catholic Parishes see list [https://svdpsa.org/locations](https://svdpsa.org/locations). Must live within neighborhood boundaries of parish to receive assistance at location. Call for operating hours.

**Utility Bill & Home Repair Assistance**
CPS Energy Customer Service Centers

4 CPS Customer Service Centers located in San Antonio for public and business clients to establish new service, pay bills or enroll in qualifying assistance programs. Site most utilized by client community:

CPS Park North Shopping Center 754 NW Loop 410, Suite 102 San Antonio, TX 78216

CPS REAP https://cpsenergy.com/utilityassistance REAP provides up assistance up to $400 per year for qualified applicants.

CPS Energy Customer Assistance Programs & Payment Options

Assistance with bill payment arrangements and bill assistance program alternatives to REAP and more.

SAWS San Antonio Water Systems

San Antonio’s Water Utility offers three Customer Service Centers for establishing new service and bill pay assistance.

Closest location to CCAOSA Office
SAWS Main Office Main Office 2800 US Hwy 281 N San Antonio, TX 78212

Other locations popular with clients
West Side Center Customer Center Las Palmas Shopping Center 803 Castroville Rd. Suite 406 San Antonio, TX 78237

**Up Lift at SAWS** [https://uplift.saws.org/neighbors-that-need-help/](https://uplift.saws.org/neighbors-that-need-help/) Ph. 210.233.2273

Involves SAWS bill assistance program and **Plumbers for People**- free and reduced rate plumbing services to fresh water pipers (no sewage, nothing below ground, must be home owner). Apply online, must be SAWS residential account holder and meet requirements.

**Department of Human Services (DHS) City of San Antonio Utility Assistance Application for CPS Energy**

Online application for CPS Utility Assistance and Affordability Discount Program Application based on eligibility criteria – Senior 60+, Family with young children, Individual with Disabilities, Individual using Critical Medical Care Equipment. This is the same application used by **Residential Emergency Assistance Partnership (REAP)**.

**Community Impact Utility Assistance**
[https://www.bexar.org/2748/Community-Impact](https://www.bexar.org/2748/Community-Impact)
233 N. Pecos Suite 590 San Antonio, TX 78207 Ph. 210.335.366

**REAP - RESIDENT ENERGY ASSISTANCE PROGRAM**

This program provides utility assistance to CPS Energy ratepayers to support the health of families and individuals experiencing a financial hardship. Priority is given to individuals who are elderly, disabled, or a household with children 16 years of age and younger or a ratepayer enrolled in CPS Energy’s Critical Care Program.

In order to receive assistance, the applicant must:

Be a CPS Energy customer, reside in Bexar County outside of the San Antonio city limits and have income that does not exceed 125% of the Poverty Income Guideline (PDF).

**Catholic Charities/St. Stephens Care Center**
2127 S. Zarzamora St. 78207 Ph. 210.226.6178

Emergency financial assistance for utility.

**Guadalupe Community Center CCAOSA**
[https://ccaosa.org/guadalupe-community-ctr/](https://ccaosa.org/guadalupe-community-ctr/)  
1801 W. Cesar Chavez Blvd. San Antonio, TX 78207 Ph. 210.226.6178

Emergency Financial Assistance for utility.

**Society of St. Vincent de Paul Southwest Texas Council**
[https://svdpsa.org/](https://svdpsa.org/) PO BOX 831074 San Antonio, TX 78283 Ph. 210-225-7837

St Matthew Parish SVDP 10703 Wurzbach Rd. Ph. 210.3478.5020

Food, clothing and furniture assistance, utility and rental assistance. Locations through San Antonio Catholic Parishes

see list [https://svdpsa.org/locations](https://svdpsa.org/locations). Must live within neighborhood boundaries of parish to receive assistance at location. Call for operating hours.

**City of San Antonio Neighborhood & Housing Services Department**


Minor Home Repair, Under 1 Roof, and Let’s Paint home repair programs for qualified homeowners, follow link for application.

**Habitat ReStores**

[https://www.habitat.org/local/restore?zip=78231](https://www.habitat.org/local/restore?zip=78231)

Low cost hardware and home repair materials, locations throughout the city.

**Senior Services**

**Department of Human Services for Seniors City of San Antonio**

[https://www.sanantonio.gov/humanservices/for seniors](https://www.sanantonio.gov/humanservices/for seniors) 106 S. St. Mary’s 7th Floor San Antonio, TX 78205 Ph. 210.207.8198

Comprehensive community resource guide of services for San Antonio area Seniors.
Senior Centers in San Antonio
https://www.sanantonio.gov/humanservices/SeniorServices/SeniorCenters

Senior Nutrition Program
https://www.sanantonio.gov/humanservices/SeniorServices/SeniorNutritionProgram

Senior Transportation Services
https://www.sanantonio.gov/humanservices/SeniorServices/SeniorTransportationServices

Family Assistance Centers
https://www.sanantonio.gov/humanservices/FinanceEmergency/FamilyAssistanceCenters

Senior Services San Antonio -

**Adopt-A-Senior** – Volunteers are paired with isolated seniors to provide basic needs and companionship.

**Project Hope** – On the first Monday of the month, volunteers distribute a two-week food stipend to low-income seniors.

**Project Cool** – Free box fans are provided to senior citizens in an effort to prevent heat-related illness and death during the hot summer months. Visit the Project Cool page by clicking [here](#) to learn more.

Programs are also available to active seniors interested in helping us help others:

**Foster Grandparents Program (FGP)** – Foster Grandparents are seniors over the age of 55 who provide one-on-one tutoring and/or mentoring at various schools and education organizations in San Antonio.

**Retired and Senior Volunteer Program (RSVP)** – RSVP is a volunteer program which recruits and engages seniors over the age of 55 to use their skills, talent, and experience to address a wide range of community needs at the national level.
Food & Nutrition Assistance

SNAP Food Benefits THHS
https://www.hhs.texas.gov/services/food/snap-food-benefits

SNAP is an income based nutrition assistance program. SNAP benefits are put on a Lone Star Card. Apply for SNAP online through THHS.

National School Breakfast and Lunch Program for Texas

Information on eligibility income requirements for free and reduced meals at Texas publicly funded schools. Must sign up through local school district.

Texas WIC – Texas Health and Human Services
https://texaswic.org/

Provides supplemental nutritional assistance for approved foods and nutrition education programming
https://texaswic.org/wic-foods-and-recipes/shopping-wic-foods

- JC Food Mart
https://www.jcfoodmart.com/

JC Food Mart is a San Antonio-based grocery store that sells WIC-authorized foods (such as infant formula, fresh vegetables and fruit) to customers in a convenient and friendly environment. 10 locations throughout San Antonio. Locations most convenient to client population areas.
• 5721 Walzem Rd. San Antonio, TX 78218 210.930.3244 210.9.0.3244
• 4163 Naco Perrin Blvd. San Antonio, TX 78217 210.654.7872
• 5947 Ingram Rd. Ste. 101, San Antonio, TX 78228 210.438.8782

SA Food Bank [https://safoodbank.org/](https://safoodbank.org/) 5200 Enrique M. Barrera Pkwy San Antonio, TX 78227 Ph. 210.337.3663

The San Antonio Food Bank has quickly grown to serve 90,000 individuals a week in one of the largest service areas in Southwest Texas. Through our network of more than 500 partners and our own direct service programs, we are capable of distributing millions of pounds of food and groceries a year to combat hunger. Refer to website for programs and food distribution points locate through the San Antonio Region.

Meals on Wheels [https://www.mowsatx.org/](https://www.mowsatx.org/) 4306 NW Interstate 410 Loop Frontage Rd, San Antonio, TX 78229 Ph. 210-735-5115

Meals on Wheels is a proven public-private partnership that effectively addresses the challenges of aging by promoting health and improving quality of life for our nation's most vulnerable seniors by delivering meals to homebound seniors and offering various senior programming.

Senior Nutrition Program
[https://www.sanantonio.gov/humanservices/SeniorServices/SeniorNutritionProgram](https://www.sanantonio.gov/humanservices/SeniorServices/SeniorNutritionProgram)
Ph. 210-207-7172
Senior Nutrition Program offers lunches at Senior Community Centers throughout the city. See list for locations call for more information https://www.sanantonio.gov/humanservices/Facilities#5455252-senior-centers

Society of St. Vincent de Paul Southwest Texas Council https://svdpsa.org/ PO BOX 831074 San Antonio, TX 78283 Ph. 210-225-7837

Food, clothing and furniture assistance, utility and rental assistance. Locations through San Antonio Catholic Parishes see list https://svdpsa.org/locations. Must live within neighborhood boundaries of parish to receive assistance at location. Call for operating hours.

• St Matthew Parish SVDP 10703 Wurzbach Rd. Ph. 210.3478.5020


Groceries, eligible every 3 months, need ID, SS card & utility bill, Mon-Fri, 8:00am-12 noon & 1:00pm-5:00pm.

Clothing Assistance


Onsite clothing closet.
Society of St. Vincent de Paul Southwest Texas Council [https://svdpsa.org/] PO BOX 831074 San Antonio, TX 78283 Ph. 210-225-7837

Food, clothing and furniture assistance, utility and rental assistance. Locations through San Antonio Catholic Parishes see list [https://svdpsa.org/locations]. Must live within neighborhood boundaries of parish to receive assistance at location. Call for operating hours.

- St Matthew Parish SVDP 10703 Wurzbach Rd. Ph. 210.3478.5020

Texas Diaper Bank [https://www.texasdiaperbank.org/] 1803 Grandstand Dr. #150, San Antonio, TX 78238 Ph. 210.731.8118 email: help@texasdiaperbank.org

By attending My Health Child classes offered by Wesley Nurses, clients earn “Baby Bucks” redeemable at Baby Corners. Baby Bucks are redeemable for donated items, aside from the diapers and wipes they receive through the organization’s Calm Parent and My Healthy Child classes and Diaper Assistance program, such as baby clothes, breast pumps, formula, car seats, and strollers.

Dress for Success San Antonio [https://sanantonio.dressforsuccess.org/] 600 N Frio Road, San Antonio, TX 78207 Ph. 210.737.1515

Educating clients about career choice and employment stability; primary focus on career development and support,
with clothing a tool to complete professional presentation. Emphasis is on education, teaching clients to understand the world of work and their places in it, with on-line skills training, business etiquette and problem-solving, contemporary search strategies and safe social networking.

San Antonio Threads
https://sanantoniothreads.org/  10446 Sentinel St.
San Antonio, TX 78217 Ph. 210.600.3989 email chamilton@sanantoniothreads.org

Our Mission is to provide a safe and nurturing shopping experience for teenagers in need. Our target age group is 12-21 years of age; to include teens in foster care, teens that have aged out of foster care, homeless teens, or other teens in need of support. Teens who qualify choose complete outfits, new socks, underwear, bras, toiletries, shoes, and seasonal items, when available.

Goodwill San Antonio
https://www.goodwillsa.org/locations?location_type=shop Various Locations throughout San Antonio
Low cost gently used clothing, houseware, electronics, and furniture. Location though out San Antonio. Locations nearest client communities:
- Blanco RD @ Loop 410 727 NW Loop 410 San Antonio, TX 78216
- Summit Parkway 4949 NW Loop 410 San Antonio, TX 78229
- De Zavala Rd. 12332 IH 10 W San Antonio, TX 78230

Early Childhood Education and Childcare Services
City of San Antonio Childcare Assistance  
https://www.sanantonio.gov/humanservices/EarlyEducationChildCare  
9725 Datapoint Dr., Suite 200, San Antonio, TX 78229  Ph. 210.230.6300

The Child Care Services Program provides childcare subsidies to an average of 9,000 children per day through more than 600 local childcare providers. Childcare services are available for both full and part-time care for qualifying families. Qualified families may encounter a wait period for service availability. To qualify for CCS, individuals must meet certain criteria:

1. Children must be under 13 years of age (Under 19 years of age for a child with disabilities)
2. Families income must not exceed 85% of the state median income (see Income Eligibility Guidelines)
3. Single parent working or in training/school at least 25 hours per week? OR Two-parent household with both parents working or in training/school, with each parent averaging 25 hours per week?

Those eligible for childcare assistance include:

- Parents who are receiving Temporary Assistance to Needy Families (TANF),
- Parents who have recently stopped receiving TANF benefits because of earned income,
- Parents with low incomes who need help paying for child care so they can continue to work or attend school,
- Teen parents from low-income families who need child care to attend school
- Parents with low incomes who have children with disabilities, and
- Parents who meet the definition of experiencing homelessness

**Head Start through Family Service** [https://family-service.org/headstart/](https://family-service.org/headstart/) 702 San Pedro Ave. San Antonio, TX 78212 Ph. 210.299.2400


**Pre-K 4 SA** [https://prek4sa.com/](https://prek4sa.com/) Corporate Offices 7031 S New Braunfels Ave., San Antonio, TX 78223 Ph. 210.206.2721

Through our prekindergarten program, 2,000 students per year attend four Pre-K 4 SA Education Center locations. Our master teachers and passionate support staff provide an exceptional educational environment that is creating insatiable learners and empowered families.

Learning facility closest to client community:

- North Education Center 3635 Medical Dr, San Antonio, TX 78229 Ph. 210.206.2800
- East Education Center 5230 Eisenhower Rd., San Antonio, TX 78218 Ph. 210.206.28520
Public Education and School Services

This list contains the most utilized School Districts in the San Antonio area based on client placement.

**Northside ISD** [https://www.nisd.net/](https://www.nisd.net/) 5900 Evers Road, San Antonio, TX 78238 Ph. 210.397.8500 email info@nisd.net

**NISD Student Placement Center**
[https://www.nisd.net/district/bilingual-esl/student-placement-center](https://www.nisd.net/district/bilingual-esl/student-placement-center)
Teacher Student Services Building 5651 Grissom Road, San Antonio, TX 78238 PH. 320.397.8158
- A student is referred to the Student Placement Center if a language other than English is indicated on the required federal Home Language Survey as part of the district registration process. Call to schedule an appointment no walk-in appointment.

**Student Registration** information
[https://www.nisd.net/schools/registration](https://www.nisd.net/schools/registration)

**Family Engagement** [https://www.nisd.net/district/whole-child/family-engagement](https://www.nisd.net/district/whole-child/family-engagement)

**Newcomer** [https://www.nisd.net/district/whole-child/family-engagement/newcomer](https://www.nisd.net/district/whole-child/family-engagement/newcomer) Ph. 210.397.8930 Coordinator Yolanda Chapman

Provide comprehensive support services to students who are Newcomer/Refugees from other countries, their families, and the staff who serve them in an effort to reduce and eliminate barriers to westernized education.
• Provide support to identified campuses that are impacted with students who are Newcomer/Refugees.
• Provide Home Visits
• Provide Family support and education regarding student progress and support.
• Support academic growth in the classroom through circle talks about acclimation to the new country and systems.
• Offer training and professional development to district staff and community partners.
• Support students, families, and staff with basic needs and community referrals.
• Provide individualized 1 to 1 support for students who are struggling in the classroom either academically or behaviorally.

North East ISD  [https://www.neisd.net/](https://www.neisd.net/)  8961 Tesoro Drive, San Antonio, TX 78217 Ph. 210.407.0000

Student Registration information  [https://www.neisd.net/registration](https://www.neisd.net/registration)

Family Engagement  [https://www.neisd.net/familyengagement](https://www.neisd.net/familyengagement)  8961 Tesoro Drive, Ste. 419 San Antonio, Texas, 78217 Ph. 210.407.0118 Contact Araceli Dominguez  adomin3@neisd.net

• The mission of the NEISD Family Specialist is to build communication between parents, the school, and the community; to assist students and families who are experiencing barriers; and, to empower all parents to fulfill their role as their child's first teacher.
Newcomer Program [https://www.neisd.net/Page/20229](https://www.neisd.net/Page/20229)
Kerry Haupert Assistant Director of Bilingual/ESL-Newcomers
Ph. 210.407.0063 khaup@neisd.net

- The NEISD Newcomer program is for recent arrival of refugees or asylees. This program provides the support of a safe learning environment in order for the students to begin acclimating to U. S. schools. The newcomer program assists students by providing the linguistic, cognitive, and academic needs while holding high standards. The students will participate in the program for no more than 2 years as it depends on an individual student basis.

San Antonio ISD [https://www.saisd.net/](https://www.saisd.net/) 514 W Quincy St. San Antonio, TX 78212 Ph. 210.554.2200

Office of Access and Enrollment Services
[https://www.saisd.net/page/oaes-registration](https://www.saisd.net/page/oaes-registration)

Family and Support Services
[https://www.saisd.net/page/fsss-home](https://www.saisd.net/page/fsss-home)

International Welcome Center
[https://www.saisd.net/page/international-welcome-center](https://www.saisd.net/page/international-welcome-center)
Pickett Academy 1931 E. Houston St., San Antonio, TX 78202 Ph. 210.554.2592

San Antonio ISD operates an International Welcome Center for new families to the District whose child or children are:

- Newcomer immigrant students who are within their first three years in U.S. schools.
- Students who are speakers of a language other than English and are within their first three years in U.S.
Adult Education and Workforce Services

**NEISD Adult Education**

[https://www.neisd.net/Page/872](https://www.neisd.net/Page/872) Ferrari Learning Center 107 W Rampart, San Antonio, TX 78216 Ph. 210.356.7550 email: adulted@neisd.net

NEISD Adult Education offers FREE English as a Second Language (ESL) classes for students 19 years and older, as well as high school equivalency (HSE) (aka GED) preparation classes in English and in Spanish for students 16 years and older. We also collaborate with NEISD Community Education to offer Career Training classes that lead to workforce certifications. Scholarships are available to those students who qualify.

**NISD Adult Education**


NISD Adult Education offers FREE English as a Second Language (ESL) classes, GED preparation classes and career training classes.

**SAISD Adult & Community Education**

[https://www.saisd.net/page/ace-home](https://www.saisd.net/page/ace-home) Adult Education Main Office 906 Merida St. San Antonio, TX 78207 Ph. 210.554.2450 or 210.554.2453
In person Registration at 2 locations:
Margarita Huantes Learning Center, 1411 Guadalupe St. San Antonio, TX 78207
Adult Education Main Office 906 Merida St. San Antonio, TX 78207
Free Classes- GED, ESL, Citizenship Classes, Distance Learning, College Preparation, Career Training.

**Restore Education** [https://restoreeducation.org/](https://restoreeducation.org/)
4205 San Pedro Avenue, San Antonio, TX 78212 Ph. 210.432.6123 email [info@restoreeducation.org](mailto:info@restoreeducation.org)

High School Equivalency, College Readiness Support, English Language Classes, Career Readiness Training.

**Each One Teach One** [https://www.eotosa.org/](https://www.eotosa.org/)
815 El Monte Blvd, San Antonio, TX 78201 Ph. 210.320.1287

Our focus is to improve the literacy and learning levels of San Antonio’s adult population. We strive to make classes accessible to all who want to learn. Courses are offered to those 18 years and older. For new students there is a one-time fee of $25. All services and materials are included. High School Equivalency Prep, Adult Basic Literacy, ESL, and Digital Literacy.

**Partners in Progress** [http://www.satrainers.org/](http://www.satrainers.org/)
1410 Guadalupe Street, Suite 114 San Antonio, TX 78207 Ph. 210.224.6466

Partners In Progress was established to serve the community by offering educational and workforce developmental training programs that lead to employment and/or higher

Alamo Colleges District [https://www.alamo.edu/](https://www.alamo.edu/)
2222 N. Alamo St, San Antonio, TX 78215 Ph. 210.212.5266

Alamo Colleges District is composed of five independent community college campuses
Northeast Lakeview College [https://www.alamo.edu/nlc/](https://www.alamo.edu/nlc/)
Northwest Vista College [https://www.alamo.edu/nvc/](https://www.alamo.edu/nvc/)
Palo Alto College [https://www.alamo.edu/pac/](https://www.alamo.edu/pac/)
St. Phillip’s College [https://www.alamo.edu/spc/](https://www.alamo.edu/spc/)
San Antonio College [https://www.alamo.edu/sac/](https://www.alamo.edu/sac/)
Refer to campus sites for workforce development programing, pre college courses, and more.

Most utilized ACD Sources for Clients-
Center for English Learning at San Antonio College
[https://www.alamo.edu/sac/academics/academic-resources/english-as-a-second-language/](https://www.alamo.edu/sac/academics/academic-resources/english-as-a-second-language/) Oppenheimer
Academic Center Ph. 210.486.0965

Empowerment Center at San Antonio College
Services are provided for women and non-traditional students including single parents, displaced homemakers, first-generation college students, residents of public housing, dislocated workers, and other individuals needing support to succeed in a college environment.
Workforce Solutions Alamo
https://www.workforcesolutionsalamo.org/
Administrative Office 100 N Santa Rosa Street, San Antonio, TX 78207 210.272.3260

Our One-Stop Career Centers offer job seekers employment information, career development training opportunities, life essentials support and connect you to various programs in the 13-County Alamo Region.

PROGRAM SERVICES: Child Care Services • Employer Services • Job Seeker Services • Veterans Services Vocational Rehabilitation Services • Youth Empowerment Services (YES!)

RESOURCES: Jobs KIOSK • Parking Lot Wi-Fi • Computer Access • Career Assessment Tools

Offices located near client communities

WSA- Datapoint 3652 Bluemel Rd. San Antonio, TX 78229 Ph. 210.438.0581
WSA- Walzem 4615 Walzem Rd #100 San Antonio, TX 78218 Ph. 210.822.7640

Project Quest https://questsa.org/ 800 Quintana Rd. BLDG 8 San Antonio, TX 78211

We connect San Antonians to emerging careers in healthcare, manufacturing and trades, and IT and cybersecurity. Our nationally recognized workforce and skills training program has helped thousands find amazing in-demand careers. Our support means we go the extra mile to ensure program participants reach their goals. With wrap-around services that can include rental assistance, scholarships, job interview prep, funds for tuition and books, and more, and our
workforce program has one of the highest completion rates in the country. At QUEST, we strengthen the economy and transform lives by preparing individuals for in demand, living-wage careers.

**Workforce Development Office – City of San Antonio** [https://www.sanantonio.gov/workforce/](https://www.sanantonio.gov/workforce/)
Ph. 210.207.6000

City of San Antonio Workforce Initiatives, see program information below.

- **SA: Ready to Work** [https://www.sanantonio.gov/workforce/Programs/SA-Ready-to-Work](https://www.sanantonio.gov/workforce/Programs/SA-Ready-to-Work)
- **Train for Jobs SA** [https://www.sanantonio.gov/workforce/Programs/Train-for-Jobs-SA](https://www.sanantonio.gov/workforce/Programs/Train-for-Jobs-SA)
- **Alamo Promise** [https://www.alamo.edu/promise/](https://www.alamo.edu/promise/)
  (Tuition Free College)

**Financial Empowerment**

**Financial Empowerment Centers San Antonio - Family Services** [https://www.sanantoniofec.org/](https://www.sanantoniofec.org/)
Financial Empowerment Program 1302 North Zarzamora St., San Antonio, TX Ph. 210.206.5372

Need help managing or reducing your household debt? Want advice on how to build or restore your personal credit? Have a budget but need some specific tips on how to better save for your retirement?
The San Antonio Financial Empowerment Center counselors can help you:

- Take control of your debt
- Deal with debt collectors
- Improve your credit
- Build your savings
- Create a budget
- Find safe and affordable financial products

Locations:
The Neighborhood Place 3014 Rivas St. San Antonio, TX 78228 210.431.4425
Claude Black Community Center 2805 E. Commerce St. San Antonio, TX 78203 210.352.7087

Volunteer Income Tax Assistance Program
https://vitasa.org/

GCC/CCAOSA https://ccaosa.org/vita/ 210.222.2975 Call for appointment
Income Tax Assistance for income $55,000 or less. Locations throughout San Antonio

Transportation

Via Metro https://www.viainfo.net/ 123 N Median St., San Antonio, TX 78207

VIA Metro Transportation provides bus and shuttle services through the San Antonio area. Special services utilized by clients include:
• **VIA transtrans** Paratransit Services
  [https://www.viainfo.net/viatrans-paratransit/](https://www.viainfo.net/viatrans-paratransit/)
  VIA trans is a transportation service option for customers who cannot utilize regular bus service because of a disability. It is a shared-ride, curb-to-curb service that offers independence through mobility and expands access to opportunity via transit. Service eligibility requirements.

• **Vanpool Service** [https://www.viainfo.net/vanpool-service/](https://www.viainfo.net/vanpool-service/)
  VIA Works, the Transit Benefit Program from VIA Metropolitan Transit offers convenient and affordable choices for employers and employees to enjoy the benefits of public transportation. VIA Works Vanpool vehicles may travel almost anywhere, as long as trips start or end within VIA’s bus service area. Vanpool makes it possible for **groups of five to 15 persons** to share a ride to work, while splitting the cost of van rental and fuel.

**San Antonio International Airport**
[https://flysanantonio.com/](https://flysanantonio.com/) 9800 Airport Blvd., San Antonio, TX 78216

**Greyhound San Antonio Bus Station**

**Megabus.com** [https://us.megabus.com/city-guides/san-antonio](https://us.megabus.com/city-guides/san-antonio)

**Emergency Reporting**
Adult Protective Services
https://www.dfps.state.tx.us/adult_protection/
Statewide Abuse Hotline: 800-252-5400: 24 hours a day, 7 days a week

Anyone may report when an adult- age 65 and older, or age 18 to 64 and with a disability- is in a state of abuse, neglect, or exploitation.

Texas Department of Family and Protective Services Child Protective Services
https://www.dfps.state.tx.us/child_protection/
Statewide Child Abuse Hotline 1-800-255-5400
Online:
https://www.txabusehotline.org/Login/Default.asp

The Texas Department of Family and Protective Services (DFPS) has a central place to report:

- Child abuse and neglect.
- Abuse, neglect, self-neglect, and exploitation of the elderly or adults with disabilities living at home.
- Abuse of children in child-care facilities or treatment centers.

National Human Trafficking Hotline
https://humantraffickinghotline.org/ Hotline
1.888.373.7888

Human trafficking is a form of modern-day slavery. This crime occurs when a trafficker uses force, fraud or coercion to
control another person for the purpose of engaging in commercial sex acts or soliciting labor or services against his/her will. Force, fraud, or coercion need not be present if the individual engaging in commercial sex is under 18 years of age.

**National Domestic Violence Hotline**

[https://www.thehotline.org/](https://www.thehotline.org/) 24 Hour Hotline

1.800.799.7233

Contacts to The Hotline can expect highly trained, expert advocates to offer free, confidential, and compassionate support, crisis intervention information, education, and referral services in over 200 languages.

**HOTLINES AND HELPLINES**

**Alcoholics Anonymous** - Helps people overcome their problem with alcoholism, 210-828-6235

**Alamo Service Connection** - Services for Senior Citizens and those with disabilities, 210-477-3275

**American Red Cross** - Provide support and assistance to the military stationed in and around San Antonio. 210-224-5151

**Battered Women & Children’s Shelter Crisis Line** - Provides the necessary tools for self-sufficiency through the delivery of emergency shelter, transitional housing, education, effective parenting education, and early intervention with children and youth, 210-733-8810
**Center for Health Services Crisis Line** - Improves the lives of people with mental illness, substance abuse challenges and developmental disabilities, 210-223-7233, 1-800-316-9241

**Emergency Police/Fire/EMS, 911**

**Foster Youth Justice**, Legal assistance for current and former foster youth, 1-877-313-3688

**Mid-Coast Family Services: Domestic Abuse** - Outreach, screening, assessment and referral services for adults and youth who have been affected by alcohol and drug abuse, 1-800-870-0368

**Narcotics Anonymous**, 1-800-221-9091

**National Homeless Veterans Hotline** - Intended to assist homeless Veterans and their families, VA Medical Centers, federal, state and local partners, community agencies, service providers and others in the community, 1-877-424-3838

National Veterans Suicide Prevention Hotline - Connects Veterans in crisis and their families and friends with qualified, caring Department of Veterans Affairs responders through a confidential toll-free hotline, online chat, or text, 1-800-273-8255

**Rape Crisis Line** - Provide comprehensive services to victims of sexual assault and their families, and to conduct sexual assault prevention and education programs to youth, 210-349-7273
**Runaway Hotline** - Serves as the federally designated national communication system for runaway and homeless youth, 1-800-RUNAWAY or 1-888-580-HELP

**Texas Abuse Helpline** - Provides this secure website for reporting suspicions of abuse, neglect, and exploitation of children, adults with disabilities, or people who are elderly (65 years or older), 1-800-252-5400

**TRLA/Equal Justice Center Wage Recovery** - Helps low income workers recover unpaid wages, 210-308-6222

**United Way Hot Line** - Committed to helping Texas citizens connect with the services they need, 211

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**EMERGENCY SHELTERS**

**Battered Women’s & Children’s Shelter** - Emergency & Transitional, 7911 Broadway, 210-733-8810

**Family Violence Prevention Service** - Women & Children only, 7911 Broadway, 210-930-3669

**Haven for Hope** - Outdoor overflow only, Prospect Courtyard, 1 Haven for Hope Way, 210-220-2100

**Salvation Army Hope Center** - Single Women & Families, Calls and Referrals 24/7, Check in at 3:30pm, Married couples, proof req., 521 W Elmira St., 210-352-2000

**SAM Ministries** - Serve homeless and near-homeless families, 5922 Blanco Rd, 210-979-6188
Seton Home - Pregnant or parenting teens, Homeless or at risk of being homeless, Children under 18, 1115 Mission Rd., 210-533-3504

Strong Foundation Ministries - Single women & families with children, call for appointment, 414 Hackberry. 210-641-4357

San Antonio Rescue Mission - Men only, 18 or older, 907 E. Quincy, 210-222-9736
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The Reception and Placement Program and Refugee Support Services teams work together to provide a welcoming atmosphere for all newcomer and resettled refugees through the promotion of community integration, advocacy, education and the forging of new pathways that lead towards a life of self-sufficiency.

Catholic Charities
202 W. French Place
San Antonio, TX 78212
(210) 222-1294
www.ccaosa.org